letters@metro.us

NYC'S #1 FREE DAILY NEWSPAPER

INSIDE THE TALK SHOW WARS {page 22}

metro®

Max 75°
Min 53°

NEW YORK
Monday, September 10, 2012

NOW ENROLLING

Business Management *NEW*
Massage Therapy *NEW*
Paralegal Studies *NEW*
Medical Assisting

CALL TODAY!
(866) 918-0944

mildred-elley.edu

25 Broadway, Floor 16
New York City, NY

Accredited Member, ACICS

MILDRED ELLEY

For Albany extension program details and disclosures visit mildred-elley.edu/disclosures

JEREMY SPARIG/METRO

Your ad here: City opens dog parks to advertising

Companies can pay for their logos on benches, signs at dog runs City says it'll bring in $1.5M, but residents ask, 'Must every inch of NYC have an ad on it?' {page 02}

NFL

Jets offense explodes in season opener

Sanchez looks like star as he throws three touchdowns
Tebow, Wildcat take back seat to air attack {page 31}

Get on the Road...

212.463.0400 x5500 718.265.6534 x1003
Manhattan Brooklyn Queens

today

THERE IS STILL TIME
TO REGISTER
FOR FALL 2012!

NYSCAS New York School of Career and Applied Studies
a division of TOURO COLLEGE

Touro College is an equal opportunity institution

www.touro.edu/nyscas

Ads in city parks in the doghouse

Parks Dept. offering up sign space at city dog parks • Scheme expected to rake in $1.5 million • But some New York pet owners fear ad barrage

JEREMY SPARIG/METRO

▶ The dog run at Sternberg Park in Williamsburg could be a potential ad spot.

Corporate sponsorships are going to the dogs in New York City.

The Department of Parks and Recreation, in conjunction with media marketing behemoth IMG Consulting, is rolling out a partnership program that lets corporations put their names on the city's dog runs.

After the deadline was extended, interested companies now have until Sept. 14 to apply for the opportunity to stake their claim on any one of the 55 dog runs across the five boroughs.

Corporate sponsors would have the right to place their brand or logo on signs and equipment like benches, and the opportunity to host events at the dog runs.

Quoted

"The built and natural environment is so beautiful, and often, signage ruins it. I would not want to come to the park if it were sponsored by Chick-fil-A, or see an [ad] telling me to drink an 80-ounce sugary drink and get diabetes."
DOUG WEISS, 49, BROOKLYN DOG OWNER

But this money-raising scheme puts City Hall in the doghouse with some pet owners who are annoyed that the parks have become only the latest target of advertising campaigns.

"Billboards are a form of visual pollution," said Doug Weiss, 49, speaking while his dog, Moose, ran at the dog run at Sternberg Park in Williamsburg on Thursday evening. "Besides, this is where we come to get away from all of that, where we come just to be."

"When you go to a park, you are already bombarded with an incredible amount of ads," Geoffrey Croft, founder of NYC Park Advocates, told Metro. "And the main reason you go to the park is to avoid that."

The city is hoping to pull $1.5 million in revenue from the project, which will go toward the general fund, according to the New York City Independent Budget Office. According to city officials, there is no set asking price for sponsorships.

"By raising revenue, it's a way to offset budget cuts," said Doug Turetsky, chief of staff for the city's Independent Budget Office. "Therefore, more money will be available for parks and other city programs."

It will be up to the city parks department to approve new sponsored signs at dog runs. While the city has yet to state limitations on the size of the signage, a mayoral spokeswoman insisted the new additions would not interfere with the aesthetic of the park.

"If you look at everything we do with corporate sponsors ... we are not interested in having the parks covered in logos," said mayoral spokeswoman Julie Wood.

Jeremy Sparig contributed.

CASSANDRA GARRISON
cassandra.garrison@metro.us

Quoted

"Any opportunity to exploit our parks, there will always be companies that are willing to. It's exploitative and it's just cheap."
GEOFFREY CROFT

"It's fairly obvious, if you look at everything we do with corporate sponsors, that we are not interested in having the parks covered in logos."
SPOKESWOMAN JULIE WOOD

Money should go to park upkeep, some New Yorkers say

Some dog owners say if the city is going to make money off the dog runs, it should be exclusively used for park upkeep, and not go into a general citywide fund.

Pet owner Heidi Knoblauch, 26, of Brooklyn, said she's weary of corporate signage giving off the impression that the company contributes to maintaining the park — a responsibility she says she often shares with other dog owners in her community.

"We come three times a day; it's crucial to our way of life, and to having a dog in the city," Knoblauch said. "Every day we contribute to the upkeep of the park — raking leaves, buying garbage bags, leveling the sand." METRO

In the news

City prison guard charged with DWI

An off-duty corrections officer was arrested early yesterday morning and charged with driving while intoxicated. Police say they pulled over Crystal Lipscomb, 34, just before 1 a.m. in northwestern Queens. Most of the city's Department of Correction officers work on Rikers Island.
METRO/JG

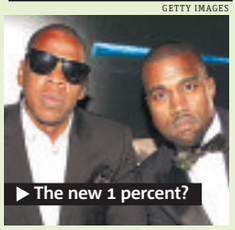
In the news

Barclays countdown

The Barclays Center opens in 19 days! Metro will feature a tidbit of information about Brooklyn's most-anticipated arena daily until the opening. Barclays was designed by architects SHoP Architects and AECOM. And Bob Dylan is scheduled to perform there this fall. Dylan is booked for Nov. 21, the night before Thanksgiving. Tickets are scheduled to go on sale this Friday, Sept. 14. METRO

In the news

GETTY IMAGES



▶ The new 1 percent?

Jay-Z gets critical of Occupy Wall St.

NEW YORK. Jay-Z may know what a "Hard-Knock Life" is like but he has little sympathy for the Occupy Wall Street crowd. In an interview with The New York Times over the weekend, the Brooklyn-born rap superstar gets, according to the Times, "a little agitated when the subject of Zuccotti Park comes up."

"What's the thing on the wall, what are you fighting for?" said Jay-Z. He said he told hip-hop mogul Russell Simmons, an early and outspoken supporter of OWS: "I'm not going to a park and picnic, I have no idea what to do, I don't know what the fight is about. What do we want, do you know?"

Jay-Z said he didn't agree with Occupy's message of vilifying the 1 percent.

"I think all those things need to really declare themselves a bit more clearly. Because when you just say that 'the 1 percent is that,' that's not true. Yeah, the 1 percent that's robbing people, and deceiving people, these fixed mortgages and all these things, and then taking their home away from them, that's criminal, that's bad. Not being an entrepreneur. This is free enterprise. This is what America is built on."

Occupy Wall Street is attempting to resurrect the movement with a comeback next Monday, Sept. 17. Just don't expect the man from Marcy Projects to be with them. METRO/CB

A new High Line clothing line

NEW YORK. Diane von Furstenberg has been so inspired by The High Line that she created an entire collection based on the popular elevated walkway in Chelsea. Pieces include women's and men's T-shirts, scarves, sun hats and tote bags. You can buy them on The High Line website.
METRO/CB

Dying from smoking is rarely quick... and never painless.

When smoking leads to cancer, you and your family can suffer every minute of every day.

You may be eligible for New York City's

NICOTINE PATCH & GUM GIVEAWAY
NOW THROUGH SEPTEMBER 20

QUIT SMOKING TODAY.

For help, **call 311** or visit **nyc.gov** and search **NYC QUITS.**

Get the patch.
Scan here.

New York State Smokers' Quitline

NYC Health

Michael R. Bloomberg
Mayor
Thomas Farley, MD MPH
Commissioner

©2012 The City of New York, Department of Health and Mental Hygiene. All Rights Reserved.

M9/10

PHOTOS: NYPD

▶ Two alligators were found.

Gators, snakes removed from Brooklyn apartment

- Police find 13 exotic — and dangerous — animals while searching an apartment on an unrelated matter
- Bearded dragon, alligators and a tarantula removed

▶ Most of the animals, like this bearded dragon, were kept in fish tanks in the apartment.

Police on Friday confiscated alligators, snakes and other exotic pets illegally being kept in a public housing unit in Crown Heights, Brooklyn.

The NYPD said it came across the animals at the Weeksville Houses on Dean Street while executing an unrelated search warrant.

Animal Care & Control was then called in to remove one boa constrictor, five pythons, two bearded dragons, two alligators, a gecko, a scorpion and a tarantula.

It is against New York City Housing Authority rules to have these pets, but no arrests were made, according to police.

"Most of the animals removed were illegal," said Richard Gentles, a spokesman with Animal Care & Control. "They have since been placed with an [organization] that specializes in their care."

According to the ASPCA, keeping exotic pets is "bad for the animals, bad for us and bad for the environment."

Quoted

"Most of the animals removed were illegal."
RICHARD GENTLES

JESSE GREENSPAN
jesse.greenspan@metro.us

Other infamous exotic pets to reach New York

This isn't the first time that potentially dangerous exotic animals have turned up in the city. Here are some of the more notable ones to get press attention:

- **August 2011:** A 10-foot python was found coiled up in a bathroom sink in Brownsville.
- **October 2007:** A 7-foot python made its way up some piping and into the toilet of a walk-up in Cobble Hill.
- **October 2003:** Police found a 425-pound tiger and a large caiman kept in a Harlem apartment.

38 years strong.

$19.74 to join and September is FREE!*
OPEN HOUSE 9.19.12

1974 NYSC 2012
new york sports clubs®
MySportsClubs.com

RATE-LOCK GUARANTEE
Your monthly dues will never increase.

*Monthly dues are waived from 9.1.12 – 9.30.12. Requires a 1-year membership. $19.74 joining fee and a processing fee are due upon enrollment. Sales tax where applicable. Not transferable. No cash value. Cannot be combined with any other offer. Expires 9.17.12.

SLEEK SURGICAL & MEDSPA
SUMMER SPECIAL SAVE $1000 ON ANY SERVICE! expires 9/21
SAVE $1000 ON MOMMY MAKEOVER TUMMY TUCK
GET REAL RESULTS
TUMMY TUCK
BREAST AUGMENTATION
BRAZILIAN BUTT LIFT
LIPOSUCTION
Before After
Call to schedule a FREE consultation
1-800-SLEEKUSA
1-800-753-3587
NYC – 61st & 5th, 800B Fifth Avenue
visit www.sleekusa.com for more!
PROCEDURES PERFORMED BY BOARD CERTIFIED PLASTIC SURGEONS

Competition doesn't concern WTC developer

Silverstein Properties still expects to land tenants for its three delayed downtown World Trade Center skyscrapers, despite competition from established and planned Midtown competitors, Janno Lieber, Silverstein's president, said.

Officials from Silverstein Properties, named after developer Larry Silverstein, were demonstrating the progress that has been achieved in redeveloping Ground Zero before tomorrow's 11-year anniversary of the Sept. 11, 2001, attacks.

Two of Silverstein's skyscrapers still have no completion date after political infighting and clashes over finance, designs and security added years to the rebuilding.

Many firms favor Midtown locations because their clients are clustered there and their employees commute through Midtown train stations to the suburbs in New Jersey, Connecticut and Long Island.

Threatening to shift to the WTC is a common bargaining tactic, however.

Lieber noted the WTC complex has 11 subway lines that make the site an easy commute for workers who live in Brooklyn and New Jersey's coastline cities.

"There's a price advantage to being downtown, no question," Lieber told reporters on the 60th floor of Four World Trade Center, which should open in 13 months. "You get new, green and [modern] information technology at the price of a 30-year-old building in Midtown," he said.

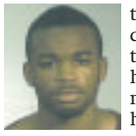
The $2 billion skyscraper qualified for tax-exempt financing, which helped cut its cost by 30 percent. **REUTERS**

Real estate competition abounds

The Port Authority of New York and New Jersey owns the site. Its One World Trade Center will be the tallest building in the Western hemisphere when it opens in early 2014.

In addition to an uncertain economy, Silverstein and the Port Authority face a new rival: the Hudson Yards project in Midtown West, which includes 6 million square feet of offices.

Man charged with pushing cop down train station stairs

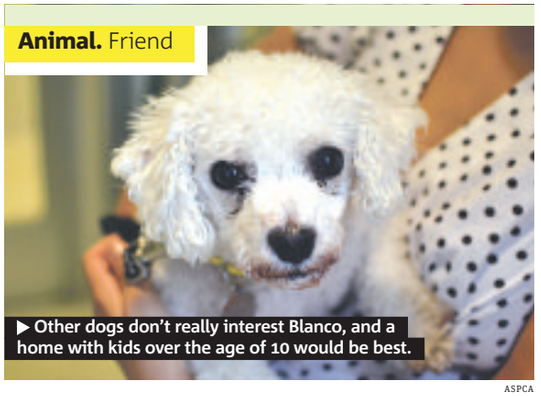


BUSHWICK. A man was arrested Saturday after he allegedly pushed a female police officer down a flight of stairs at the Gates Avenue "J" train station. The stop is elevated and rises above the street.

Police say that Michael Ellison, 25, violently resisted when officers first tried to apprehend him Friday morning after he illegally swiped a student MetroCard. In the struggle between him and the arresting officers, Ellison allegedly pushed one of the cops down the stairs, and she sustained two broken ankles and a head laceration in the fall.

After a search, Ellison was arrested Saturday. **METRO/JG**

Animal. Friend



▶ Other dogs don't really interest Blanco, and a home with kids over the age of 10 would be best.

ASPCA

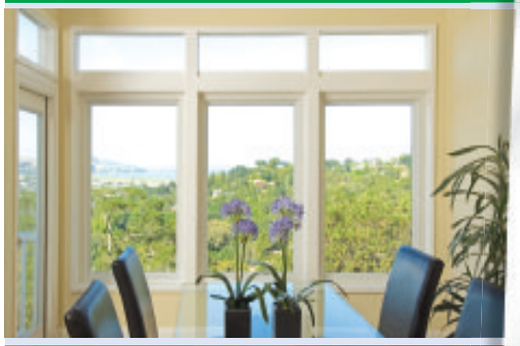
Adopt a Pet with Metro, ASPCA

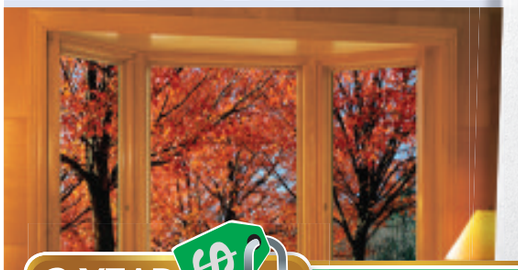
Blanco is a 9-year-old Bichon Frise mix. He is very friendly and a big fan of snuggles. This little marshmallow prefers to settle in your lap at the end of a long day. Blanco is great on a leash and stays right by your side on walks. He is neutered and up-to-date on all vaccinations. To adopt Blanco or for more information, stop by the ASPCA Adoption Center at 424 E. 92nd St., visit Adoptaspca.org or call 212-876-7700, ext. 4120.

Lock in your window discount before Oct. 14th

2 YEAR PRICE LOCK

Our production costs are increasing, but your window prices will not.





Dear homeowner,

When gas prices increase, it's more expensive for us to produce, ship and install our replacement windows. And while most window companies will pass their increased costs onto their customers, we're doing the exact opposite. **Until 9pm on October 14th, we'll protect you from paying any price increases for two years.**

Replace just the windows you really need now, and **we'll lock in your discounted window price for two years.** Why? These days, a lot of people are watching their wallets, and even though the cold weather is coming, they aren't comfortable replacing **all** their windows at once. With our **2 Year Price Lock**, when you are ready to upgrade more windows later, **you won't pay the price increase caused by rising gas prices, or any annual price increases.**

Don't miss out on our 2 Year Price Lock!

Joe Ronzino and Larry Landes
Local owners, Renewal by Andersen of Long Island, New York and Central New Jersey

2 YEAR PRICE LOCK

Until 9pm on Oct. 14th, lock in your window discount for two years[1].

SAVE $220 ON EVERY WINDOW[1] WITH NO MONEY DOWN, NO PAYMENTS, NO INTEREST FOR 1 YEAR[1] with our Instant Product Rewards

Call for your FREE Window Diagnosis
800-357-3815
FindGreatWindows.com/Metro

Renewal by Andersen WINDOW REPLACEMENT an Andersen Company

[1]Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas, discount applied by retailer representative at time of contract execution and applies to minimum purchase of 5 or more windows. Offer does not include bay/bow windows or patio doors. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. Price Lock applies to a minimum of 8 or more windows. To qualify for Price Lock, initial contact for a free Window Diagnosis must be made and documented on or before 10/14/12, with the appointment then occurring no more than 10 days after the initial contact. 0% APR for 12 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License#: 1246514. Nassau Consumer Affairs License #: H0810150000. Suffolk Consumer Affairs License #:43991-H. NYC 1307704. Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2012 Andersen Corporation. All rights reserved. ©2012 Lead Surge, LLC. All rights reserved. *See limited warranty for details.

We Create Smiles
Samer Chahine DMD. CAGS
1 West 34th St., Suite 402 New York, NY 10001 212.268.0600
Most insurance accepted
BREAST IMPLANTS $4,800
limited time offer
• Botox®
• Juvederm®
• Restylane
• Radiesse
For your comfort and safety all procedures at our facilities are performed "awake" under local anesthesia.
Accredited surgical facility & hospital available if needed
HAIR TRANSPLANT
JUVEDERM
PEELS
MICRODERMABRASION
RESTYLANE
ACNE & SCAR (LASER)
BLEHPHAROPLASTY (EYE-TIGHTENING)
NECK/JOWLS (SMARTLIPO)
RHINOPLASTY
BOTOX
BREAST (AUGMENTATION)
FLANKS (SMARTLIPO)
ABS (SMARTLIPO)
TATTOO REMOVAL (LASER)
LOVE HANDLES (SMARTLIPO)
BRAZILIAN BUTT LIFT
LASER HAIR REMOVAL
Vaginal Rejuvenation
CELLULITE (ENDERMOLOGIE VELASHAPE)
THIGHS (SMARTLIPO)
VARICOSE & SPIDER VEIN (LASER)
BEFORE AFTER BEFORE AFTER
• Botox® • Juvederm® • Restylane • Radiesse
We specialize in curves and buttocks enhancements
New York Laser Lipo
Surgical & Non-Surgical Cosmetic Enhancement for Men & Women
(212) 695-1999
1 West 34th St. • Ste. 402, NYC
(718) 745-7172
334 86th St. • BKLN, NY 11209
www.nybeautysurgeon.com
Financing Options Available • SE HABLA ESPANOL

Cop shoots, kills man fleeing Bronx robbery

The family and friends of a man accidentally shot and killed by a police officer while escaping a burglary early Friday morning reeled yesterday at his death.

The incident happened around 2 a.m. Friday in the Morrisania section of the Bronx.

Witnesses told the New York Daily News that Reynaldo Cuevas, 20, was trying to escape a robbery at Nathalie Deli & Grocery when he was shot by police. Cuevas worked in the bodega, which is owned by his uncle.

"Why would they do this to him?" family friend Maricela Rodriguez, 41, told the Daily News. "He was just an innocent kid."

The nightmare started when three men entered as the store was closing. Once inside, the gunman, wearing a ski mask, ordered the store's night manager, Felix Mora, and Cuevas to lie on the floor. The gunman also struck Mora in the back of his head with his gun, which was unloaded, according to NYPD Commissioner Ray Kelly.

As the gunman went through the victim's pockets, his two accomplices went behind the counter and began to fill a backpack with cash, cigarettes and lottery tickets. Just then, the cops arrived in response to a 911 call.

The three men fled to the back of the store and the basement as the police arrived. This gave Mora and Cuevas the chance to get up from the floor and flee outside, according to police.

An officer with his gun drawn was waiting outside when Mora exited, followed by Cuevas, who ran full speed into the officer, Kelly said.

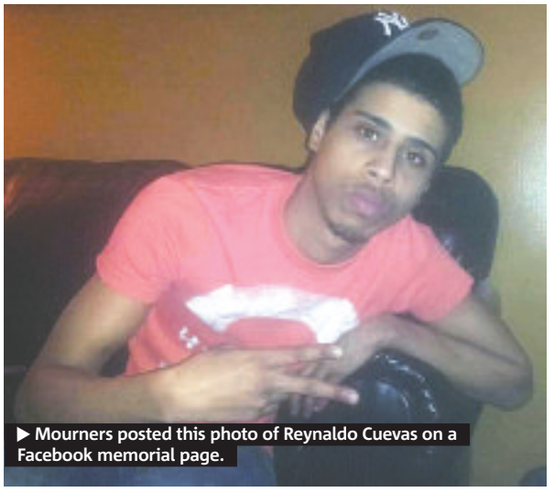
"The two became entangled, at which point we believe the officer accidentally discharged his weapon, with one round entering Mr. Cuevas' left shoulder," said Kelly.

Cuevas was rushed by ambulance to St. Barnabas hospital, but he died.

"I want to extend my condolences to the Cuevas family for their loss," said Kelly. "The events transpired in a matter of seconds, and the collision between Mr. Cuevas and the officer in split seconds. Mr. Cuevas, in an understandable panic to get away from the gunman as fast as possible, ran straight into the officer."

The robbers were arrested after a standoff with police.

FACEBOOK



▶ Mourners posted this photo of Reynaldo Cuevas on a Facebook memorial page.

"The two became entangled, at which point we believe the officer accidentally discharged his weapon, with one round entering Mr. Cuevas' left shoulder." RAY KELLY

ALISON BOWEN
alison.bowen@metro.us

Electrician busted over massive weed shipment

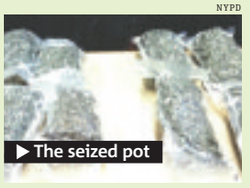
ASTORIA. An electrician at Kaufman Studios in Astoria, Queens, was arrested Thursday after building security intercepted two large cardboard boxes filled with pot that were addressed to him.

The boxes were filled with about 10 pounds of marijuana packed inside, police said.

The electrician, Lowell Schulman, 53, of Williamsburg, Brooklyn, told cops he was expecting a marijuana delivery, but just a smaller amount of the drug. He said he thought the boxes would also contain books and cologne, according to the New York Post.

He was also allegedly found with bags of crack-cocaine in his pocket.

NYPD



▶ The seized pot

METRO/JG

Subway flasher turns himself in

BROOKLYN. A man turned himself in Friday more than seven weeks after he allegedly placed his exposed penis on the hand of a female subway rider while the two were on the A train in Brooklyn. Angel Pagan, 33, of East New York, Brooklyn, whipped out his member on the afternoon of July 18 and pressed it up against a woman in her 30s who was attempting to board a southbound A train at Nostrand Avenue, according to the NYPD. Pagan, described as about 6-foot with a mustache, has been charged with public lewdness.

METRO/JG

Opinion

JUSTIN DOWD
WINNER OF METRO'S RACE TO SPACE

www.metro.us/weirdscience

Log on

Justin has produced a chalkanimation video to accompany this column. View it at **www.metro.us/weirdscience**

TRUE STORY OF NATURE'S CHAOS

What does your future have in common with your morning coffee, hurricanes, gambling, sports and the galaxy? All are intertwined by a mysterious property of nature called chaos.

The key to chaos is the poetically named "butterfly effect," which is a slight change in a chaotic system drastically effecting what happens in the long run. Weather is an example of a chaotic system. A shift in wind as subtle as air passing around a butterfly's wings can trigger the development of a hurricane weeks later, on the other side of Earth.

Your B.S. meter may be off the charts. But before you dismiss the idea, consider football, a chaotic American pastime.

Like the weather, football is chaotic. One detail, one step can alter the outcome of the game, the season, the franchise and people's lives for generations.

If Drew Bledsoe stepped out of bounds to avoid a season-ending hit in 2001, second-string quarterback Tom Brady would have remained sidelined. A single step changed careers, contracts, Super Bowl wins, retirement plans, etc. This is the essence of chaotic systems: two slightly different starting points result in completely different outcomes.

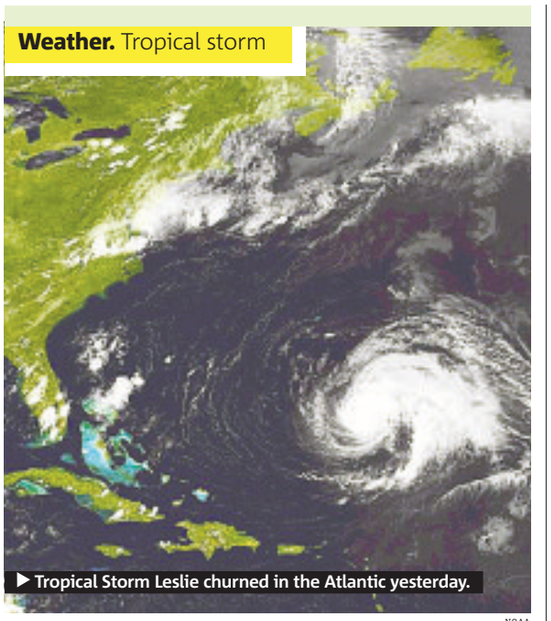
Order and chaos are even in atoms. The players, ball and field are like electrons, photons and space. The nucleus and atoms are connected by forces like players' movement connected by the rules of the game.

Similar to free will causing unpredictable behavior in humans, exact movement of individual particles in an atom cannot be measured or predicted. The laws of nature don't allow it, resulting in a fundamental link between chaos and order.

Stirring cream into coffee causes a spiral pattern to emerge while the motion of molecules is turbulent. The same pattern in coffee can be seen in a hurricane, even though the movement of air is unpredictable. The spiral pattern even shows up in the galaxy we live in, composed of billions of stars, planets, dark matter and dust.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Weather. Tropical storm



▶ Tropical Storm Leslie churned in the Atlantic yesterday.

NOAA

Leslie swirls east of Bermuda

A tropical storm warning remained in effect across Bermuda, where forecasters warned hazardous surf and rip currents were expected to continue through today. Most flights in and out of Bermuda were canceled yesterday, and bus and ferry services were suspended. REUTERS

FREE Fatherhood Support Services for Non-Custodial Dads in the South Bronx, Washington Heights, Harlem and Brooklyn.

The **Strong Fathers, Stronger Families** program can help you or someone you know:

- Find a New Job
- Learn How to Better Manage Finances and Child Support Obligations
- Strengthen Parenting Skills
- Build Healthier Relationships with your Child and Significant Other

Visit one of four convenient locations:

St. Nicks Alliance (Northern Brooklyn): 790 Broadway 718.302.2057, Ext. 202
BronxWorks (South Bronx): 391 E. 149th Street, Ste. #520 718.993.8880, Ext. 227
STRIVE (East Harlem): 240 East 123rd Street, 3rd Floor 212.360.1100, Ext. 1811
Northern Manhattan Improvement Corp (Washington Heights): 76 Wadsworth Avenue 212.822.8349

Strong Fathers, Stronger Families
A Responsible Fatherhood Program

Seedco

"These services are available to all eligible persons, regardless of race, gender, age, disability, or religion."
"Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: 90FX0040-01-00."
"Any opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the United States Department of Health and Human Services, Administration for Children and Families."

Iraq explosions kill 80, French consulate hit

AFP/GETTY IMAGES

▶ Iraqi policemen inspect the wreckage of a car used in a bomb explosion yesterday in a market in the southern city of Basra.

At least 80 people were killed yesterday in attacks across Iraq, including a car bomb outside a French consulate.

Sunni Islamists and an al Qaeda affiliate still launch about one major attack a month in an effort to reignite tensions between Shi'ite and Sunni Muslims following the U.S. military withdrawal in December.

The most serious of the bombings, blasts and shootings on Sunday happened near the city of Amara, 185 miles south of Baghdad. Two car bombs exploded outside a Shi'ite shrine and a market place, killing at least 16 people, officials said.

With its main hospital overflowing with patients injured from the attacks, mosques in Amara used prayer loudspeakers to call for blood donations.

Overnight in Dujail, 30 miles north of Baghdad, gunmen and a suicide bomber driving a car attacked a military base, killing 11 soldiers and injuring seven, police said.

Later yesterday, a car bomb killed eight people lining up for jobs as police guards for the Iraqi North Oil Company in the flashpoint city of Kirkuk, 155 miles north of Baghdad, police said. **REUTERS**

French target

- The car bomb that exploded outside the French consular building in the usually stable city of Nassiriya, 186 miles south of Baghdad, killed a police guard and wounded four other guards, authorities said. The consul, an Iraqi citizen, was not at the office at the time of the attack.

Fugitive Iraqi VP gets death sentence

BAGHDAD. Iraq's fugitive Vice President Tareq al-Hashemi was sentenced to death for murder charges yesterday in a ruling likely to further stoke sectarian tensions after a bloody day of bombings that killed at least 80 across the country.

Hashemi, a senior Sunni Muslim politician, fled Iraq after the authorities issued a warrant for his arrest in December, a move that threatened to collapse a fragile power-sharing deal among Shi'ite, Sunni and Kurdish blocs at a time when U.S. troops were pulling out. **REUTERS**

Germany urges Iran to make 'substantial' nuclear offers

JERUSALEM. Germany's foreign minister urged Iran to make "substantial offers" to restart nuclear talks with world powers and told Israel allowing the Islamic Republic to get the bomb was "not an option."

Guido Westerwelle's comments followed weeks of rhetoric in Israel over a possible go-it-alone strike against Iran's nuclear facilities and calls by Israeli Prime Minister Benjamin Netanyahu for world powers to set a "red line" for Tehran.

Germany, France, Britain, Russia, China and the United States have held three rounds of inconclusive talks with Iran this year. There is still time for a diplomatic solution, but they warned Iran not to acquire nuclear weapons. **REUTERS**

Finally a Solution for Your Thyroid Problems

Are you frustrated because your thyroid symptoms persist, even though you have "normal" test results?

Do you suffer from:

- *Fatigue/Low Energy*
- *Unexplained Weight Gain*
- *Difficulty Losing Weight*
- *Morning Headaches*
- *Constipation*
- *Thinning or Brittle Hair*
- *Always Feeling Cold*
- *Depression*
- *Anxiety*
- *Night sweats*

Free Thyroid Seminar

*Where others only address the symptoms, we address the **SOURCE** of thyroid disorders.*

Refreshments will be served.
Seminars run approximately 45 minutes.

SEMINAR TO BE HELD:
Wednesday & Thursday, September 12th & 13th, 6:30pm
5th Avenue & 44th Street in Manhattan

"The doctors were amazing and really took the time to understand my condition and how best to help me. I feel so much better!"

SEATS ARE LIMITED
Call today! 347-960-6413

HYPOTHYROID EXPERT
www.hypothyroidexpert.com

ADVERTISEMENT

After helping countless knee pain sufferers eliminate their pain, a local doctor warns,

If you or a loved one are scheduled for knee surgery,

READ THIS ARTICLE BEFORE IT'S TOO LATE!

According to the American Academy of Orthopaedic Surgeons (AAOS), there are about 270,000 knee replacement operations performed each year in the United States. This image depicts the procedure.

Want to avoid knee surgery?

Our program could be the solution you are looking for.

Do your knees hurt when going up or down the stairs?

Do you frequently take medication for knee pain?

Have you tried physical therapy?

Do the activities you enjoy cause pain in your knees?

Have you had cortisone or other injections to the knee that have not worked?

Do your knees make you feel older than you really are?

Are you afraid that your knee pain is only going to get worse?

If you answered YES to any of these questions, keep reading...

[1] Reference - Epidural steroid injections procedures. Medscape reference retreived July 26th 2011. [2] Results may vary. Prior results cannot guarantee future outcomes. Copyright © 2012 NY Wellness Solutions, Inc.

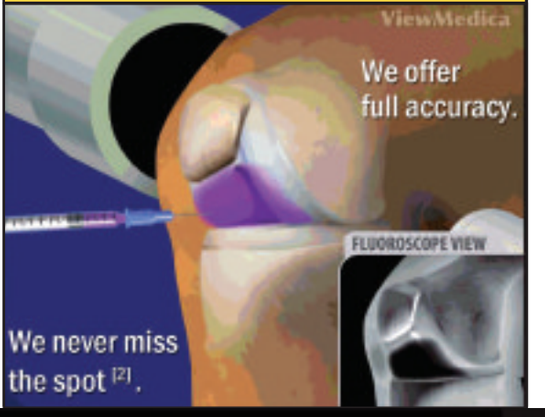
Why do knee injections often fail?

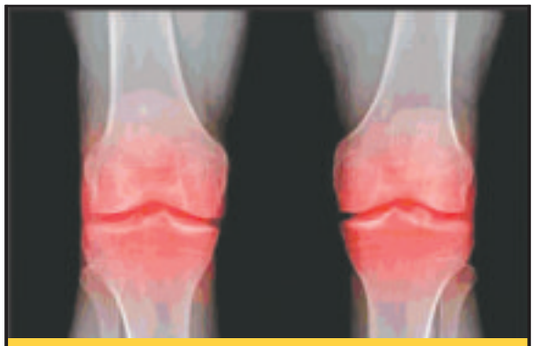
What's different about our procedure?

Most doctors today do one of three things:
1) They perform "blind injections" (an injection done without imaging guidance).
2) They use antiquated equipment from as far back as 2001, even in some of the largest hospitals in New York. 3) They use Cortisone, which can have side effects.

Precision is the difference.

FACT: 30-40% of blind injections result in needle misplacement. [1]With this much inaccuracy, **it's no wonder most people never find relief.**





Our solution...
Our office uses Hyalgan®

What exactly is injected into the knee?

Hyaluronic acid (Hyalgan®) is a natural substance extracted from rooster combs and purified to mimic the lubricating substances that occur naturally in the joint, called synovial fluid. In patients with osteoarthritis, synovial fluid "dries up", allowing the cartilage of the joint to rub against itself and other surfaces. This causes pain, inflammation, and usually damage to the joint. Think of this treatment like oiling a rigid, squeaky door hinge.

When will I feel results?
Most feel an immediate reduction in pain and can return to normal activities in weeks.

Will my insurance cover this treatment?

Yes, most insurances will cover this treatment*.
We work with Medicare: GHI PPO

CIGNA PPO · BlueCross BlueShield PPO · UnitedHealthcare PPO · Aetna PPO

Affordable payment plans available to fit all budgets.
Call our office for free insurance benefits verification.

Unfortunately, we do not participate with Medicaid, Workers Comp, no-fault insurance, Emblem PPO, HIP, EPO or HMO plans.

* Coinsurance and deductible apply.

212-679-6490

To view videos about our procedures visit:
General1Medical.com

Accessible by: 1 2 3 4 5 6 A C E J Z
130 William St., Ste. 903, btw Fulton & John St. - NYC 10038

Romney says he would keep parts of health care law

Republican presidential candidate Mitt Romney, who has called for scrapping President Barack Obama's 2010 U.S. health care law, said in remarks aired on Sunday that he likes key parts of "Obamacare" despite his party's loathing of it and wants to retain them.

Romney, who faces Obama in the Nov. 6 election, has vowed throughout the campaign to repeal and replace the Obama healthcare law. But asked about the Obama healthcare law on NBC's "Meet the Press" program, Romney said, "Well, I'm not getting rid of all of health care reform."

"Of course, there are a number of things that I like in health care reform that I'm going to put in place," Romney added. "One is to make sure that those with preexisting conditions can get coverage. Two is to assure that the marketplace allows for individuals to have policies that cover their family up to whatever age they might like."

▶ Romney

The Obama health care law, among other provisions, prevents insurance companies from denying medical coverage to people who already are suffering from a medical condition. It also allows parents to keep their young-adult children on their health insurance plans until age 26.

The law is Obama's signature domestic policy achievement.

Elements of the state health care reform plan that Romney put in place as governor of Massachusetts served as a model for the federal law passed by the U.S. Congress and signed by Obama in 2010 despite unified Republican opposition.

"I say we're going to replace Obamacare. And I'm replacing it with my own plan. And even in Massachusetts when I was governor, our plan there deals with preexisting conditions and with young people," Romney told "Meet the Press." **REUTERS**

News in brief

Obama widens lead despite jobs data

President Barack Obama, picking up support following the Democratic National Convention, widened his narrow lead over Republican U.S. presidential challenger Mitt Romney in a new Reuters/Ipsos poll released on Saturday.

The latest daily tracking poll showed Obama, a Democrat, with a 4 percent lead over Romney. Forty-seven percent of 1,457 likely voters surveyed online over the previous four days said they would vote for Obama if the Nov. 6 elections were held today, compared with 43 percent for Romney.

"The bump is actually happening. I know there was some debate whether it would happen. ... But it's here," said Ipsos pollster Julia Clark, referring to the "bounce" in support that many presidential candidates enjoy after nominating conventions.

Obama had leapfrogged Romney in the daily tracking poll on Friday with a lead of 46 percent to 44 percent. **REUTERS**

Gingrich: Clinton DNC speech "eerily anti-Obama"

Former Speaker of the House of Representatives Newt Gingrich on Sunday tried to turn Bill Clinton's rousing Democratic convention speech into a liability for President Barack Obama, calling it "eerily anti-Obama."

Gingrich argued that Clinton's efforts to remind voters about the economic heyday of his two terms in office could be seen to undermine Obama, who is struggling to reignite the economy and job growth.

"I actually thought parts of the Clinton speech were eerily anti-Obama, if you just listened to the subtext. I mean, here is Clinton saying, 'I reformed welfare because I worked with the Republicans, you didn't, Mr. Obama.' He didn't say it that way, but think about it," Gingrich told CNN's "State of the Union."

Gingrich, who was a sharp critic of Clinton during his presidency, added: "I think what it does is it actually shrinks Obama. I mean, you have a real president and then you have this guy who is a pretender." **REUTERS**

DNC said to end $15 million short

Democrats ended their convention in Charlotte $5 million short of their budget even after being forced to draw down a $10 million line of credit from Duke Energy Corp., according to a Democratic Party fundraiser.

That will leave a $15 million bill that eventually will have to be paid by President Barack Obama's campaign or the Democratic National Committee, according to the fundraiser, who spoke on condition of anonymity. **BLOOMBERG**

Metropolitick

GREGORY KANE

PULITZER-NOMINATED NEWS AND OPINION JOURNALIST

LOVE'S LABORS LOST ON LEFT HATE-SLINGERS

Mia Love is the mayor of Saratoga Springs, Utah. She's also a Republican and the daughter of parents who immigrated to the United States from Haiti. And after her speech at the Republican National Convention — one in which Love made it clear she did not prostrate herself before the altar of Barack Hussein Obama — the Haitian-American Mormon mayor became something else: a target.

ROLL CALL/GETTY IMAGES

▶ Saratoga Springs Mayor Mia Love speaks at the 2012 Republican National Convention.

For years, it's been unfashionable to be black, Republican and conservative. Most African-Americans have decided we all must be Democrats and liberals. Deviate from the norm, and you'll be treated with the disdain usually reserved for the Tonton Macoutes. Lately, even that's changed. It's not enough for blacks to be Democrats and liberals. Now, to prove our racial loyalty, we almost have to genuflect when President Obama's name is mentioned. There are those that have apparently charged, tried and convicted Love of insufficient genuflection, but I'm sure she'll be happy to agree with them.

"[Obama's] policies have failed," Love said at the RNC. "We are not better off than we were four years ago, and no rhetoric, bumper sticker or Hollywood campaign ad can change that. Mr. President, I am here to tell you we are not buying what you are selling in 2012." That must have sent some Obamaphiles over the edge. They became unhinged, downright balmy enough to go to Love's Wikipedia page and "update" her biographical data.

Foxnews.com reported the story with the title "Mia Love Wikipedia page vandalized with slurs." (What? You thought CNN, the Huffington Post or MSNBC were going to report the story?) "Rising Republican star Mia Love's Wikipedia page was vandalized overnight with racist and sexist epithets," the first paragraph of the story reads. Further on, we get details of what was said."[O]ne section called her a 'dirty, worthless whore' who sold out to big business."

Once again, we see Republican, conservative women being subjected to the most despicable sexist slurs imaginable. (It makes you wonder, doesn't it, which side of the political spectrum REALLY hates women?) A New Jersey writer called former Secretary of State Condoleezza Rice a "skeeza" — a slang term for whore — several years ago. You remember the outrage Democrats and liberals expressed at his comments, don't you? Of course you don't. You don't remember them being outraged after so-called comedian Bill Maher used a certain C-word to refer to former Alaska governor and Republican vice presidential candidate Sarah Palin, either.

Oh, there was more on Love's Wikipedia page. We don't know if the same person that called her a "dirty, worthless whore" also wrote that Love was "a sellout to the right-wing hate machine." The writer also accused Love of being "the House N— she truly is."

You have to be aghast at the sheer chutzpah of someone spewing such hate accusing anybody of "selling out to the right-wing hate machine." But liberals and Democrats sincerely believe that only Republicans, conservatives and members of the Tea Party movement can truly hate.

Such hypocrisy explains why you never hear that n-word used by conservatives, Republicans or members of the Tea Party movement, while those on the left seem to have cornered the market on it.

No Republican or Tea Party movement group has used that word to refer to Obama. But a member of the New Black Panther Party did, earlier this year. We didn't hear outrage from Democrats or liberals about that either.

When — not if — Democrats start accusing the Republican presidential nominee and/or vice presidential nominee Paul Ryan of being a racist, let us recall how members of the donkey party reacted to the scurrilous attack on Love.

– Examiner Columnist Gregory Kane is a Pulitzer-nominated news and opinion journalist who has covered people and politics from Baltimore to the Sudan.

Sun cracks its whip on Earth: Solar flare explosion caught on NASA camera

A jaw-dropping image of a 'solar whip' has been captured. NASA reported a filament of solar material exploded from the sun's atmosphere. Although it didn't erupt directly toward Earth, it did have an effect on Earth's magnetic environment (magnetosphere), causing aurora to appear last week.

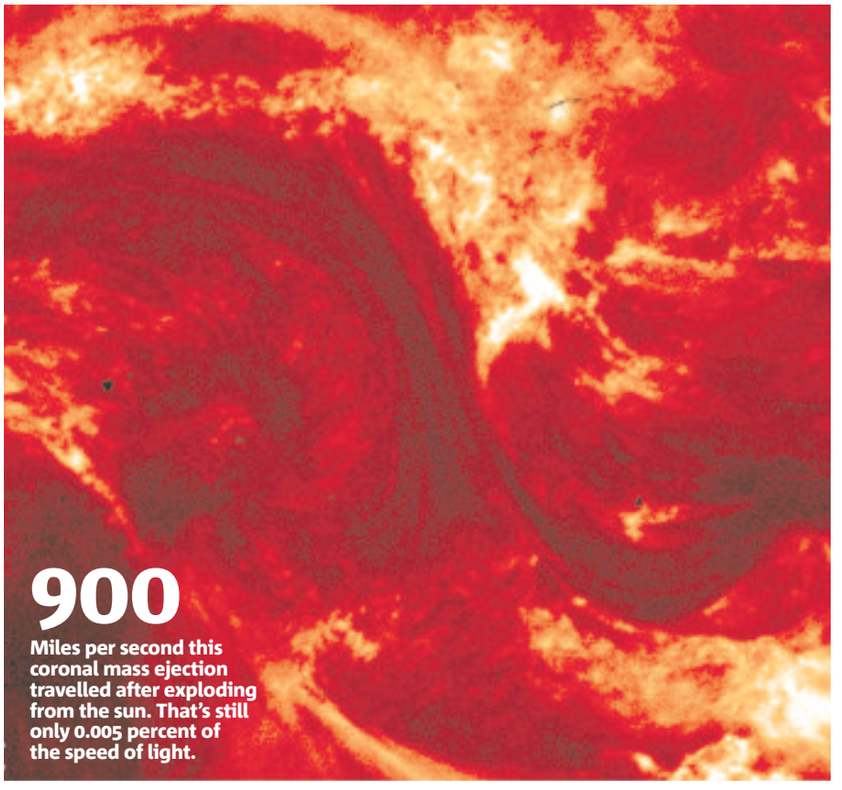
METRO WORLD NEWS

Cheat sheet on sun storms

- **Solar prominence.** (Also known as a filament when viewed against the solar disk) A large, bright feature extending outward from the sun's surface. Prominences are anchored to the sun's surface in the photosphere and extend outwards into the sun's hot outer atmosphere, called the corona. A prominence forms over timescales of about a day, and stable prominences may persist in the corona for several months, looping hundreds of thousands of miles into space. Scientists are still researching how and why prominences are formed.
- **Plasma.** The red-glowing ejected material is a hot gas comprised of electrically charged hydrogen and helium. The prominence plasma flows along a twisted structure of magnetic fields made by the sun's internal dynamo. A prominence occurs when such a structure becomes unstable and bursts outward, releasing the plasma.
- **Aurora.** Atmospheric phenomenon made of light caused by charged solar particles following Earth's magnetic lines of force.

METRO WORLD NEWS

NASA



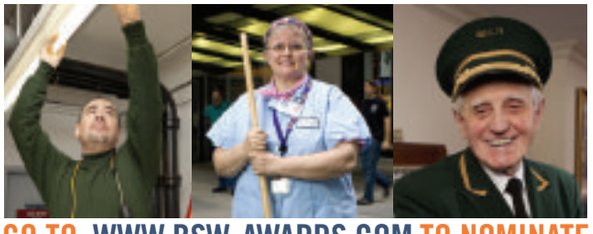
900

Miles per second this coronal mass ejection travelled after exploding from the sun. That's still only 0.005 percent of the speed of light.

MANHATTAN MEDIA + 32BJ SEIU PRESENT THE BUILDING SERVICE WORKERS OF THE YEAR

Nominate

your favorite office cleaner, security officer or life saver!



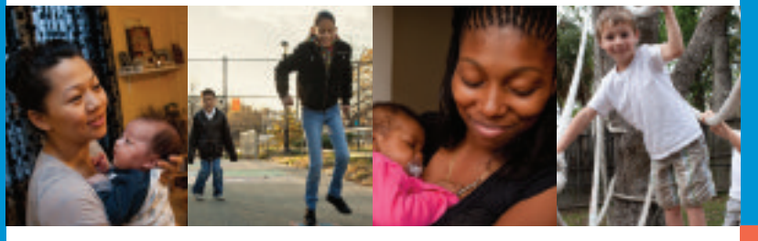
GO TO: WWW.BSW-AWARDS.COM TO NOMINATE

Nomination Deadline is Thursday, September 13th, 2012.

For more information contact Liza Connor at 212.268.8600; Lconnor@manhattanmedia.com or Jessica Ramos at 212.388.3782; Jessica.Ramos@seiu32bj.org

New York State-Sponsored

Free or Low-Cost Health Insurance



Health Plus

Amerigroup RealSolutions

1-888-809-8009

Medicaid

Child Health Plus New York State's Health Plan for Kids — Children under age 19

family health plus — Adults 19–64

2 DAYS ONLY!

URGENT! GOLD IS SOARING TO RECORD HIGHS! GOLD IS CURRENTLY AT OVER $1400 per oz. WITH THE CURRENT RISE IN GOLD & SILVER PRICES, WE ARE PAYING SOME OF THE HIGHEST PRICES AROUND!

BUYING 2 DAYS ONLY!

FOR IMMEDIATE CASH

95 out of 100 times WE BEAT OUR COMPETITION Come to us and we will prove it!

2 DAYS ONLY!

WEDNESDAY, SEPTEMBER 12TH & THURSDAY, SEPTEMBER 13TH!

Starts Wednesday at these 2 convenient locations: The HILTON NEW YORK and the MARRIOTT BROOKLYN BRIDGE.

Jewelry, Gold & Silver Bars, Watches, Coins, Precious Metals, Sterling Silver and Diamonds!

WHY NOW IS A GOOD TIME TO SELL!

The economic downturn of the last few years has caused the price of gold, silver and many commodities to their highest levels in over 30 years. This is the best time in decades to sell your unused gold, silver, platinum and diamond jewelry at the highest prices ever.

BUYING DIAMONDS

Instant Cash For:

1/2 Carats	Up To	$1,500
1 Carats	Up To	$4,250
2 Carats	Up To	$15,250
3 Carats	Up To	$20,000
4 Carats	Up To	$35,000
5 Carats	Up To	$43,000
6 Carats	Up To	$55,000

We Need Larger Diamonds! 2 Carats and Up!

We buy all shapes, sizes & styles of cuts. Also diamonds with or without GIA certificates as well as old miners and European cuts

Bring your items in for a FREE EVALUATION!

STERLING SILVER

All Time Periods, Kinds & Types

We will pay up to for the following:

Centerpieces	Up To	$3,500
Claret Jugs	Up To	$750
Full Flatware Set	Up To	$8,500
Punch Bowls & Sets	Up To	$5,000
Single Flatware Items	Up To	$750
Tea Sets	Up To	$5,000
Trophies	Up To	$5,000

We Buy Any Type of Sterling Silver!

We purchase sterling silver of all types and makers. Rare and unusual items command the highest prices.

ALL TYPES OF COINS WANTED

- *U.S. Silver Halves 1934 and Older
- *U.S. Silver Quarters 1932 and Older
- *U.S. Silver Dimes 1934 and Older
- *U.S. Half Dimes 1873 and Older
- *U.S. Nickels 1913 and Older

SILVER DOLLARS

1794 to 1803	Trade Dollars
1836 to 1839	1878 to 1904
1840 to 1873	1921 to 1935

1964 or Prior.

BUYING GOLD

All Types Needed.
Pay up to for the following:

Class Rings	Up To	$500
Dental Gold Items	Up To	$500
Wedding Bands	Up To	$600
Mountings	Up To	$750
Bracelets & Bangles	Up To	$1,500
Chains & Necklaces	Up To	$2,500
Antique Items	Up To	$5,500
Coins & Bullion		Bring for quote
Scrap Gold		Bring for quote

We Buy Anything Made of Gold or Platinum, Even Broken or Damaged!

GOLD COINS

Wanted Rare Gold Coins!
United States

*$1.00	1849 to 1889	*$5.00	1795 to 1833	*$10.00	1795 to 1804
*$2.50	1796 to 1834	*$5.00	1834 to 1838	*$10.00	1839 to 1932
*$2.50	1840 to 1929	*$5.00	1839 to 1908	*$20.00	1850 to 1933
*$3.00	1854 to 1889	*$5.00	1908 to 1929		

Your Coins Could be Worth Up To Hundreds – Even Thousands!

Satisfied Customer Testimonials

Really like it here! Everyone is very kind, great atmosphere. I have been back 4 times!
- C Pace

I have been here 2 times and both times the people that work here were very friendly. I would definitely recommend this to my friends!
- J. Grace

It was really fast!
- A. Davis

I heard about this store from the radio and as soon as I got the chance I came to sell my unused jewelry. It was a great & friendly service and I will be back!
- J. Simek

My service was exceptional!
- C. Sweeney

GOLD WRIST & POCKET WATCHES

All Kinds, Time Periods & Types
Up To $15,000

BUYING GOLD, SILVER & DIAMOND FINE JEWELRY

In Any Condition!

All Kinds, Time Periods & Types

Silver Jewelry	Bracelets	Art Nouveau
Brooches	Cameos	Lavalieres
Pendants	Victorian	Garnets Jewelry
Necklaces	Art Deco	Bakelite Rings
Cocktails Rings	Cuff Links	Floral Design
Charm Bracelets	Pins	Diamond Rings
Earrings	Rings	

We purchase millions of dollars of jewelry!

No amount is too large or too small!

Our Aim is to Beat Most Offers!

We Strive to Beat All Legitimate Written Offers

Before Bringing your items to us, take them to other dealers. Have them give you legitimate offers in writing. Then bring your jewelry and written offers to one of our locations. Although no one can guarantee with certainty they are paying the highest price for an article at any particular rime, we will strive to beat most legitimate written offers.

A Note Regarding the Up To Prices listed in this Ad

The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth $7,000 in new condition or less than $20 in poor condition.

The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

Customer Satisfaction

Most of our business comes from satisfied customers and referrals which includes their friends and families. Our showrooms are safe and private. Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

Free Admission • No Appointment Necessary
Safe & Secure • Onsite Security

HURRY! 2 DAYS ONLY AT THESE LOCATIONS!

Wednesday, September 12th, 11am-6pm
Thursday, September 13th, 11am-6pm

HILTON NEW YORK

1335 Avenue of the Americas, (6th Ave between 53 & 54th St)
New York, NY 10019 - Concourse Level

Wednesday, September 12th, 11am-6pm
Thursday, September 13th, 11am-6pm

MARRIOTT BROOKLYN BRIDGE

333 Adams Street (Between Tillary & Willoughby St)
Brooklyn, NY 11201 - Fulton Ferry Suite

Rapid CASH FOR GOLD
Licensed • Bonded • Insured

www.rapidcashforgold.com

GET THE MOST CASH

FOR YOUR GOLD, SILVER & DIAMOND JEWELRY

Your Jewelry Could Be Worth HUNDREDS Even THOUSANDS In Immediate CASH!

WE PURCHASE GOLD, SILVER, PLATINUM & DIAMOND JEWELRY. REGARDLESS OF CONDITION. WE ALSO PURCHASE SILVER FLATWARE, GOLD & SILVER COINS (1964 & PRIOR)

Free Admission
No Appointment Necessary
Safe & Secure - Onsite Security

Rapid CASH FOR GOLD

www.rapidcashforgold.com

RECEIVE AN EXTRA
$25 CASH BONUS
with this ad
When we purchase $250 or more of your jewelry!
Expires 9/13/2012

HURRY! 2 DAYS ONLY AT THESE LOCATIONS!

WEDNESDAY, SEPTEMBER 12TH, 11AM-6PM
THURSDAY, SEPTEMBER 13TH, 11AM-6PM

HILTON NEW YORK

1335 Avenue of the Americas,
(6th Ave between 53 & 54th St)
New York, NY 10019
Concourse Level

WEDNESDAY, SEPTEMBER 12TH, 11AM-6PM
THURSDAY, SEPTEMBER 13TH, 11AM-6PM

MARRIOTT BROOKLYN BRIDGE

333 Adams Street,
(Between Tillary & Willoughby St)
Brooklyn, NY 11201
Fulton Ferry Suite

Survey: Smartphones ease stress for mothers

The New Muslims Program

The New Muslims Program is a three month program designed to help new Muslim converts learn the basics of Islamic faith. Students will learn the absolute essentials of how to practice the five pillars of Islam, and receive guidance and support while making Islam part of their daily lives.

Classes held on Saturdays starting Sept 15, 12:00-3:00 pm
Location: 4 W 43rd Street, Suite 416, New York, NY 10036
Fee: $50 (includes 12 class sessions and all materials)
Financial Aid is Available

Non-Muslims who are interested in learning about Islam are also welcome!

Register online:
www.meccacenter.com
212.354.4320 | info@meccacenter.com
Follow us on facebook

M.E.C.C.A.

Yoga, deep breathing and wine are just a few of the many ways to make life less stressful. But this time of year, smartphones get the credit for being the best stress-reliever — at least, for moms of school-aged children.

A recent survey shows that 85 percent of moms say "their smartphone definitely eases the back-to-school strain, making this time of year less stressful overall."

Moms of all ages said their phones (whether basic or smart) ease their stress during this time of year: 89 percent younger than 35 vs. 85 percent 35-44 vs. 83 percent older than 45.

But the back-to-school season isn't the only time moms are glad to have their handy smartphones — nearly nine in 10 smartphone-owning mothers of school-aged kids (87 percent) admitted that having a smartphone has made being a mother, in general, easier for them.

This information comes from a survey called "Moms Go Back-To-School with Mobile" by the Interactive Advertising Bureau and Meredith's Parents Network, a parenthood media company that includes Parents and American Baby.

GETTY IMAGES

▶ A large majority of moms report that smartphones make parenting easier.

"Back-to-school is the busiest and most stressful time of year for moms — and now, more than ever before, Millennial moms are using their smartphones to help make their lives run smoother," Carey Witmer, executive vice president of Meredith Parents Network, said in a statement. "They pursue the information they want and need, everywhere they go, every time of the day."

The survey also unveiled a trend regarding "mobile-intense" moms. It's often moms of preschool-aged children who are quick to take out their camera phones to snap a pic of their child (56 percent), more so than mothers of elementary (44 percent) and high school kids (33 percent).

Mothers of preschoolers are also more likely than moms of older children to plan their family's calendar on a mobile device and share information on social networks.

KATE FREEMAN FOR Mashable
The Social Media Guide

By the numbers

So what tasks do moms use their phones for?

33%
Communicating with children's teachers and schools

30%
Organizing the family calendar

28%
Sharing back-to-school information via social networks

26%
Staying in touch with other parents in their circle

PENN STATE | ONLINE

Earn your Penn State degree online

- Choose from more than 80 online degree and certificate programs in business, education, health, and more.
- Study where and when it's convenient for you, through the flexibility of online education.
- Earn a credential that is valued in the workforce and highly regarded by employers.

PENNSTATE World Campus

www.worldcampus.psu.edu/metro12

U.Ed.OUT 13-0103/13-WC-0069edc/jms/sss

THE WINDSOR SCHOOL
- Established in 1969 -

- Private Middle and High School
- Registered by NY State Education Department
- Accredited by Middle States Association

Moving To: 37-02 Main Street Flushing, NY 11354
135-22 37th Ave., Flushing, NY 11354

- More modern facilities • Outstanding and expanded faculty
- Wi-Fi and computers in every classroom
- Receive an academic foundation to prepare for the future

Special Classes:
Saturday - SAT Prep Classes in Critical Reading, Writing, Math
Saturday - SAT Subject Prep Classes in Biology, Chemistry, Physics, Math Level 1 and 2
Saturday - PSAT Prep Classes in English and Math

ALL CLASSES TAUGHT BY EXPERIENCED HIGH SCHOOL TEACHERS.

Our mathematics team placed first in the NYML competition 2011-2012 (www.themathleague.com)
We have an outstanding college acceptance record.
High school diploma program for students who are in middle or high school (includes study in English as a Second Language).
Pre-University program for students who have competed high school. English as a second language program for beginner, intermediate or advanced students.
No previous knowledge of English is necessary.

PROGRAMS
• Grade 6-12 • AP Classes • ELS Classes
Help with college selection and application, SAT and TOEFL Support

Our New Address Please visit or call for more information
37-02 Main Street, Flushing, NY 11354, 135-22 37th Ave., Flushing, NY 11354
Phone: 718-359-8300, Fax: 718-359-1876 Website: www.windsorschool.com

Division of Continuing Education & Workforce Development

Hostos

THE SKILLS TO DO THE JOB

Improve your job opportunities through our certificate programs

- Basic Automotive Maintenance
- Case Management
- Certified Nursing Assistant
- Child Care Provider
- CPR
- Credentialed Alcohol & Substance Abuse Counselor (CASAC) NEW
- Clinical Medical Assistant NEW
- Electrocardiography Technician
- Emergency Medical Technician (EMT)
- Food Protection
- Hands-On Automotive Transmission
- Health Information Management NEW
- Healthcare Interpreter
- HIV Counselor Program NEW
- Local Anesthesia & Nitrous Oxide Administration
- Medical Billing & Coding
- Microsoft Office
- Non-Profit Manager NEW
- Personal Trainer
- Pharmacy Technician
- Phlebotomy Technician
- Real Estate
- Security Officer
- Teacher Assistant

OPEN HOUSES

at 120 E. 149th Street
Savoy Multi-Purpose Room

Saturday, Sept. 22, 2012
11:00am-1:00pm

Tuesday, Oct. 2, 2012
6:00pm-8:00pm

Receive 5% discount with this ad

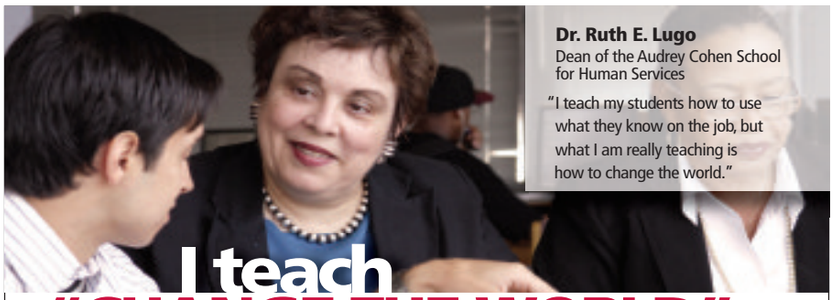
Hostos College for Kids Saturday Academy is available. In addition, we offer English for Speakers of Other Languages/ESOL, General Equivalency Diploma and personal enrichment courses.

45 Hostos Community College

NEW LOCATION!

Tel 718-518-6656 Fax 718-518-6744 cedu@hostos.cuny.edu
560 Exterior Street, Bronx, New York 10451 www.hostos.cuny.edu/contedu

HOSTOS IS CUNY



Dr. Ruth E. Lugo
Dean of the Audrey Cohen School for Human Services

"I teach my students how to use what they know on the job, but what I am really teaching is how to change the world."

I teach
"CHANGE THE WORLD"

There's still time to enroll.

In 1964, Audrey Cohen founded MCNY on the vision of theory, purpose, and practice taught together to prepare students to be successful and socially responsible professionals. We offer day, evening and weekend classes, as well as a selection of online courses and accelerated programs to accommodate your busy schedule. Register for classes at one of our On-the-Spot admissions enrollment sessions.

On-the-Spot Admissions
Monday, September 10 through Tuesday, September 18,
Monday through Thursday, 9am-7pm
Friday, 9am-6pm
Saturday, 10am-4pm

On-the-Spot Admissions is available at our Manhattan Campus and Bronx location.
Manhattan: 431 Canal Street (off Varick) 1 A C E
Bronx: 529 Courtlandt Avenue 2 5

Think Ahead.
Think MCNY.
Call 1.800.33.THINK
or visit mcny.edu

METROPOLITAN COLLEGE OF NEW YORK
MCNY
FOUNDED BY AUDREY COHEN IN 1964

In Manhattan and the Bronx

Military Veterans, ask about Operation Tuition Freedom.

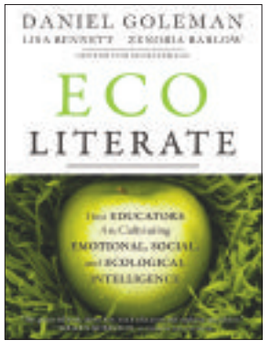
MCNY admits students of any race, color and national or ethnic origin.

Teaching ecology with emotional intelligence

Best-selling author Daniel Goleman is known worldwide for stressing the importance of emotional intelligence (the ability to gauge one's own emotions as well as others') in developing one's full potential.

Now Goleman is incorporating his environmental passions into his educational philosophy. His latest, "Ecoliterate: How Educators Are Incorporating Emotional, Social and Ecological Intelligence," was written in partnership with the Berkeley-based Center for Ecoliteracy.

"In teaching people about ecological issues — whether it's K-12 or in the university — there's something that happens on an emotional level, and that's fear and anxiety," says co-author Lisa Bennett. "We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective."



"Ecoliterate" investigates eight cutting-edge environmental education programs, from Kentucky to Alaska, looking for effective blueprints for this new curriculum. While the book is primarily directed at K-12 teachers, the authors suggest that these programs could be easily adapted for the college level.

Five vital practices

The Center for Ecoliteracy has outlined "five vital practices" for teaching environmental studies to K-12 students.

1. Developing empathy for all forms of life
2. Embracing sustainability as a community practice
3. Making the invisible visible
4. Anticipating unintended consequences
5. Understanding how nature sustains life

BRUCE WALSH
bruce.walsh@metro.us

Refresh Your Career Skills at Rutgers CMD

DIGITAL MARKETING
FINANCE ▪ LEADERSHIP

OPEN HOUSE
Wed., Sept. 12 at 6pm

1 Washington Park
Rutgers Business School
Newark, NJ

RUTGERS
Center for Management Development

cmd.rutgers.edu/newark

Rutgers, The State University of New Jersey

BRING THIS AD FOR A 10% DISCOUNT ON PROGRAMS STARTING IN OCTOBER.

GET ACCEPTED "ON THE SPOT"

NEW Paralegal Studies Associate's Degree

EXTENDED!
Visit Mildred Elley for **Instant Admissions** to **get accepted "on the spot"** — ends Sept 14

Call Today!
(866) 688-3018

** To be accepted "on the spot," you will need to bring (1) a copy of your high school diploma or GED and (2) proof of identification. Call if you need help with these documents.*

25 Broadway, Floor 16
New York City, NY
Accredited Member, ACICS

Business Management *NEW*
Paralegal Studies *NEW*
Massage Therapy *NEW*
Medical Assisting

MILDRED ELLEY

For Albany extension program details and disclosures visit: mildred-elley.edu/disclosures

NEW Online Courses: transcription and coding careers. Call to learn more! (888) 414-6154

GET ACCEPTED "ON THE SPOT"

NEW Business Management Associate's Degree

EXTENDED!
Visit Mildred Elley for **Instant Admissions** to **get accepted "on the spot"** — ends Sept 14

Call Today!
(866) 781-8043

** To be accepted "on the spot," you will need to bring (1) a copy of your high school diploma or GED and (2) proof of identification. Call if you need help with these documents.*

MILDRED ELLEY

For Albany extension program details and disclosures visit: mildred-elley.edu/disclosures

NEW Business Management
NEW Paralegal Studies
NEW Massage Therapy
Medical Assisting

25 Broadway, Floor 16
New York City, NY
Accredited Member, ACICS

Division of Continuing Education & Workforce Development

Hostos

THE SKILLS TO DO THE JOB

Register now for an in-demand career in healthcare!

CLINICAL MEDICAL ASSISTANT

This specialized program prepares individuals to assist physicians in providing patient care in doctors' offices and clinics, and to sit for a certification exam.

Saturday Classes
9:00am-5:00pm 9/29/12-1/12/13

$3195
Program fee includes textbooks, materials, certificate of completion, and National Health Association Test Fee.

CLINICAL MEDICAL ASSISTANT

Takes 5 Months to Complete
Medical Office Experience Provided
Potential for Earning $15 - $22/hour
Will be Prepared for National Certification Exam

Free Information Session!
Please call for details
718-518-6656

45 Hostos Community College

NEW LOCATION!

Tel 718-518-6656 Fax 718-518-6744 cedu@hostos.cuny.edu
560 Exterior Street, Bronx, New York 10451 www.hostos.cuny.edu/contedu

HOSTOS IS CUNY

QS WORLD MBA TOUR™

MANAGEMENT

While some are stuck climbing the corporate ladder, others reach their full potential with an MBA.

Meet the World's Top Business Schools and find the perfect MBA for you at the QS World MBA Tour:
Columbia, NYU Stern, Cornell, MIT, Rotman, LBS, UCLA Anderson, ESADE, EMLYON and over 100 more...

NEW YORK MBA EVENT

September 15
Hilton New York
Registration from 1pm

Start your journey at:
topmba.com/metro

metro

myentertainment

2

THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

The feed ...

▶ **Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.**

@joelmchale
Sad news: the phrase "hot mess" is six months past it's expiration date. Also "I just threw up in my mouth a little" is over(2 years).

@lindsaylohan
just sending love, prayers and strength to #PrinceHarry

@katyperry
Today I am promised happiness. Let's do this!

@AlbertBrooks
"Shocking. Nude. Sex. Devastating" Four words you must use to have a successful website.

@JimGaffigan
New saying: "A cheeseburger a day keeps the feelings away."

@DannyDeVito
Shake it up baby!

Joel McHale

Bummer breakup of 2012: Poehler, Arnett

When we found out that **Amy Poehler** and **Will Arnett** were divorcing last week, we assumed there must be the scandal of all scandals hiding behind their split. Nevermind that their rep insisted it was "very amicable" — why would two people as funny, successful and charming as them break up? As it turns out, they're not that much different than those of us who fall asleep watching reruns of their shows, snuggling piles of almost-warm takeout.

"Will and Amy started to feel more like best friends than a married couple — and sadly they lost their spark," a source tells RadarOnline. "The two still love each other very dearly, but the romance died and neither one of them was happy, so something had to be done."

Talk about shot through the heart. Go ahead, Source, finish us off: "Everyone used to think that because Amy and Will are both comedians, their relationship was all fun. However, the laughter stopped a long time ago, and now they just want to move on with their lives."

Now, we're not necessarily saying that love is dead. Just that he's emptied the minibar, went on an ugly Facebook bender and, well, things aren't looking good.

ALL PHOTOS: GETTY IMAGES

▶ Couldn't you guys just fake it like the rest of us?

Brad Pitt is still walking down the aisle

Despite the sad prognosis of love, **Brad Pitt** and **Angelina Jolie** still think they can make it work. The Marriage of the Century is a go, confirms Pitt, even if there isn't a date set. "No plans yet, other than we are going to do it," he tells E! News. "I plan very little as I get older."

As for **George Clooney**, his role at the nuptials is also still undecided. "Well, you know, he doesn't believe in institutions," Pitt says. "So he can get people to their seats or something."

Depp talks Tater Tots

Johnny Depp was at the Toronto Film Festival over the weekend supporting "West of Memphis," a documentary about three men who spent more than 18 years in prison for "satanic" murders that they — along with pretty much everyone outside of their sleepy Southern town — claim they did not commit. After his release from prison, one of the men, **Damien Echols**, moved in with Depp.

"To finally see Damien arrive at my house, on my doorstep, was moving and it was a celebration. It was beautiful," said Depp at a press conference for the film. "We had Tater Tots and tacos. And things took their natural course and we ended up at the tattoo parlor."

Now, 18 years is a steep price to pay for Johnny Tots. But don't think we didn't run the numbers.

▶ Depp and Echols have matching tattoos and similar taste in shades.

Talking points

Jonah Hill and Ali Hoffman split

Jonah Hill and girlfriend **Ali Hoffman** have reportedly split up after nine months of dating, according to Us Weekly. The Oscar-nominated actor had been close to Hoffman and her family — including her dad, **Dustin Hoffman** — for years before becoming romantically involved. Dustin Hoffman helped him get a role in "I Heart Huckabees," his film debut.

▶ Hill

Won't someone think of the gossip columnists?

While the future of **Robert Pattinson** and **Kristen Stewart**'s relationship is still uncertain after her affair with director **Rupert Sanders**, at least one friend of the pair says not to worry. "They are totally going to get back together," the source tells Hollyscoop. "It is just a matter of time. Kristen has this effect on Rob. Robert is not a player. It is really a mess of a relationship. They are both in love with each other still." That might be a problem, though, for friends of Pattinson. "They tell him, 'If she cheated once she will cheat again,'" the source says.

Katy Perry and John Mayer are back on

It appears reports of the demise of **Katy Perry** and **John Mayer**'s relationship were premature, as the pair were spotted at the MTV Video Music Awards after-party looking very much still together, according to Hollyscoop. "[John and Katy] were holding hands walking around the VIP area looking like a legit couple. They weren't even hiding it," the source says. The couple — who split last month after briefly dating — soon left the party, though, in favor of a more intimate dinner at a restaurant.

Right back at you, Sir Paul

1 **Paul McCartney** received the "Legion d'Honneur" from France's president **Francois Hollande** on Friday. The world received a thumbs-up. Excellent trade, gentlemen.

2 **Hugh Grant** and his signature half-smile charmed the pants off Toronto on Saturday.

3 Why hello, Hermione. "Harry Potter" cutie **Emma Watson** freshened up the red carpet for her latest, "The Perks of Being a Wallflower."

4 **Will Smith** and his impossibly photogenic family — from left, **Willow**, **Jaden** and **Jada** — were on the red carpet at the Toronto Film Festival yesterday.

5 **Lady Gaga** obviously didn't mind attracting a little attention while walking around London yesterday.

1. PHILIPPE WOJAZER/AFP
2. JASON MERRITT/GETTY IMAGES
3. SONIA RECCHIA/GETTY IMAGES
4. ALBERTO E. RODRIGUEZ/GETTY IMAGES
5. SIMON JAMES/GETTY IMAGES

New York City's Premiere
Medi-Spa and Wellness Center

manhattan total health

SPORTS MEDICINE • PHYSICAL THERAPY • CHIROPRACTIC
ACUPUNCTURE • MASSAGE THERAPY

Grand Central:
144 E. 44th St., 6th Fl.
New York, NY 10017
(212) 905-0090

Midtown:
22 E. 49th St., 5th Fl.
New York, NY 10017
(212) 832-9127

West Side:
57 W. 57th St., Ste. 1012
New York, NY 10019
(212) 906-0140

Wall Street:
39 Broadway, Ste. 610
New York, NY 10006
(212) 514-5868

www.manhattantotalhealth.com

Are you a victim of secondhand snoring?

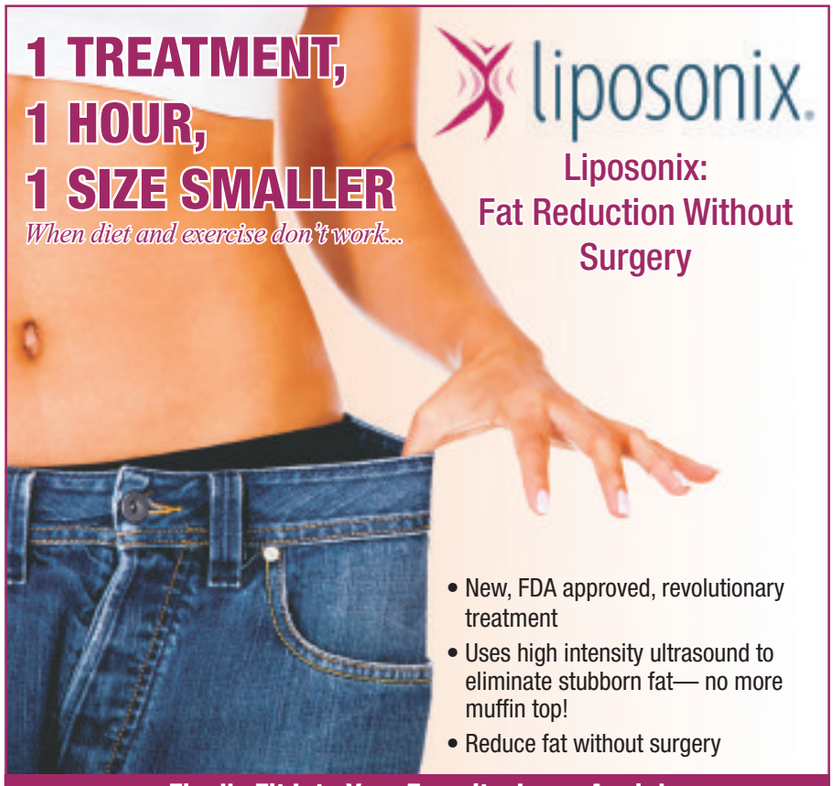
eOs sleep
For the treatment
of snoring & sleep apnea

Calling Eos Sleep today can save more than your night's sleep.

We know the strain that snoring can have on your relationship. At Eos Sleep we're dedicated exclusively to improving the lives of those with snoring and sleep apnea.

Our approach starts with an evaluation of your upper airway by a board-certified ENT physician who will determine the cause of your snoring. Then our coordinated team of specialists will make recommendations based on your particular diagnosis. For many, it may be as simple as a 20-minute procedure. Our wide range of options means you'll find the treatment that works for you and your bed partner. So you ***both*** can sleep.

888-485-0466
New York City • Long Island
EosSleep.com



Finally Fit Into Your Favorite Jeans Again!

Manhattan Medical Weight Loss
110 East 40th Street, Suite 606, New York, NY 10016 • 212-490-7700
Manhattanmedicalweightlossphysician.com

She's feeling like a million bucks

Amanda Palmer on her relationship with fans and all the dough they gave her to make her 'Evil' new album

SHERVIN LAINEZ

▶ Amanda Palmer and the Grand Theft Orchestra play Tuesday at 7 p.m. at Webster Hall (125 E. 11th St.). For more info visit www.websterhall.com.

A compliment makes a gal feel like a million bucks, and there's no greater compliment than, well, a million bucks, which is what Amanda Palmer received via her fan-fueled Kickstarter fundraiser for her new album, "Theater is Evil."

"I got 1.2 million in preorders," corrects Palmer. "It doesn't mean I have a million dollars. It does mean that business is good."

There's no denying the validation when fans shell out before hearing a single note of music, though: "It's a big symbolic gesture on the part of my fans that tells me they have an enormous amount of faith in me," she says. "The relationship that I crave ... is like you'd have with the support of friends. I'm not interested in having fans and admirers. I don't want to be a pop star. I'm among those artists who use art and music to connect."

"I don't want to be a pop star. I'm among those artists who use art and music to connect."
PALMER

LINDA LABAN
linda.laban@metro.us

- State of the art non-surgical treatment for foot and heel pain
- Minimal invasive procedures for corrections of bunions and hammertoes
- Weekend and evening appointments available
- Most insurance plans honored
- Free consultation ■ Non-injection therapy for heel pain
- 1 2 3 A B C 4 5 6 N R

New Cutting Edge Laser for Toe Nail Fungus!
ONLY $500
Expires 9/30/12
Redeem with ad

Offices of Dr. Jeffrey Rosenblatt, DPM • Dr. Larry Cohen, DPM

225 Broadway, Suite 1420
New York, NY 10007
212-385-3800
(Financial District)

Grand Central-Midtown
15 West 44 St. , 8th FL
New York, NY 10036
212-391-1279

375 Jay St., 2nd FL
Brooklyn, NY 11201
718-875-9251
(Metrotech)

Long Island Location
543 Hempstead TRK
West Hempstead, NY 11552
516-292-0023

Convenient Lower Manhattan & Brooklyn Locations!

"TAKE THE PAIN OUT OF YOUR DAY"
Sports Medicine • Physical Therapy
Acupuncture • Massage

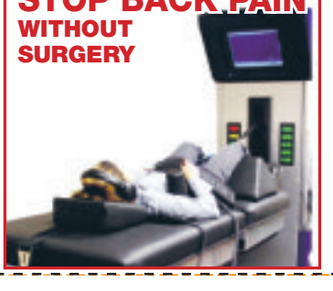
DO YOU HAVE:
Neck pain?
Wrist or hand pain?
Back pain?
Elbow pain?
Hip or leg pain?
Knee pain?
Shoulder pain?
Ankle or foot pain?

PINS & NEEDLES SENSATION OR TINGLING IN THE HANDS OR FEET? CARPAL TUNNEL SYNDROME??
347-934-9379
Most patients seen in 10 mins or LESS
MOST INSURANCES ACCEPTED

EMPIRE PHYSICAL MEDICINE & PAIN MANAGEMENT
551 5th Avenue (at 45th St.)
Suite 525, NYC

DOWNTOWN SPINE, SPORTS & ORTHOPEDIC REHABILITATION, PC
65 Broadway / 47 Trinity Place,
Suite 603
(Between Wall Street & Exchange Place)

STOP BACK PAIN
WITHOUT
SURGERY



Code C

At the speed of Vai

On 'The Story of Light,' legendary guitarist Steve Vai explores some strange and beautiful six-stringed terrain

The first item on Steve Vai's CV is "stunt guitarist," a title given to him at age 19 by avant-garde maestro Frank Zappa, who had enlisted the prodigious young guitar wiz right out of college (Berklee, natch) to play some "impossible guitar parts." Now, with the release "The Story of Light," Vai is three illustrious decades down the road. While guitar parts remain impossible to the lay-fingered, the charlatan stunting of youth has clearly evolved into legitimate miracle-working, as "Light" reveals a careful, if not vibrantly colorful, composer.

"My fans can be really polarized," says Vai, "because some of them are very interested in having me just play guitar or heavy-rock instrumental songs, and some of them really like the dense compositional stuff, and some of them like the vocal ballads."

Amsterdam and Aimee Mann

On "No More Amsterdam," Vai enlists former Berklee classmate Aimee Mann to share the twirling duet.

"At face value, you'd think something like that would never work," says Vai, "but it was a beautiful collaboration."

Not a man to disappoint, Vai offers all options on "Light." Moments in Celtic ballad "Mullach A'tSi" have the feathery touch of a grandmother's lullaby. Granny exits the room elsewhere, though, on songs like the title track or "Gravity Storm," where Vai reminds us of his guitar superheroism, and on the bombastic "John The Revelator" featuring "The Voice" finalist Beverly McClellan. A new kind of treat, "Creamsicle Sunset" is all glimmering, woozy sweetness.

To dismiss this album as 'instrumental rock guitar' is to say that Charlie's visit to the Chocolate Factory is about a kid who goes to a manufacturing plant. There's a lot of tasty candy here for those who are willing to explore.

JIM FENNER
jim.fenner@metro.us

▶ Check out Metro's in-depth interview with Steve Vai online at www.metro.us.

If you go

Steve Vai
Tomorrow, 7 p.m.
Best Buy Theater
1515 Broadway
$40, 212-930-1950
www.ticketmaster.com

VOTED BEST LASER HAIR REMOVAL IN NEW YORK CITY!
SMOOTH.
SEXY.
FAST.
AFFORDABLE.
Mention Code "METRONY" for a 20% discount on any package*
LASER HAIR REMOVAL
LASER FACIALS • MICRODERMABRASION • SPIDER VEIN REMOVAL
UNLIMITED LASER HAIR REMOVAL
$499 PER MONTH
Contact us today for your free consultation with one of our Certified Laser Specialists!
*Valid until 9/30/12
ASSARA
212.956.2691
23 West 45th Street, NYC
2nd Fl., Btwn. 5th and 6th Ave
WWW.ASSARANY.COM

FDA REGISTERED
Are foods making you sick or fat?
Find out with our one-of-a-kind blood test.
weight problems
skin conditions
digestive disorders
migraines
chronic fatigue
ADHD
aching joints
arthritis
and many more
Take our unique blood test that can change your life.
Learn exactly which foods your body cannot tolerate or digest (this is a food sensitivity test, not an allergy test).
Program includes medically supervised meal planning, exercise, and nutritional guidance.
We work with:
BlueCross BlueShield PPO
CIGNA PPO
32BJ
Oxford PPO
Call us now at 212-679-6490
www.general1medical.com
General 1 Medical P.C. - Financial District - 130 William Street Suite 903 NYC 10038
Accessible by 1 2 3 4 5 6 A C E J Z
Tests are not covered by Medicare, Medicaid, HMO plans, or Worker's Comp.
Copyright© 2012 NY Wellness Solutions, Inc. | Deductibles and co-pays apply.

DENTAL IMPLANTS
$395* per Implant
+Post $595
+Crown $795
Total $1,785
*Implant, abutment & crown must be completed at our office to qualify for promotional fees
Speak with your Smile Today!
Expires 9/30/12
Contemporary Dental Implant Centre
CONTEMPORARY DENTAL IMPLANT CENTRE
8 Convenient Locations
41st & Madison Avenue • Brooklyn
Valley Stream • Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park • Wall Street
CT Scan-3D Views of the Jaw now available at our Madison Ave. location.
FREE CONSULTATION
Over 2,000 implants placed each year.
NEW PATIENTS ONLY
Must bring in ad at the time of consultation.
CALL 212-269-9500 TODAY!
Se Habla Español
www.395DentalImplant.com
OPEN 7 DAYS A WEEK

myentertainment

The daytime battleground

With Oprah's crown still up for grabs, three new celebrities enter the talk-show fray today Here's what you need to know about the contenders

Harvey also has something to say

Comedian **Steve Harvey** got into the daytime talk game early, premiering his self-titled chat show last week. Prompted to host a show after the success of his relationship advice book "Act Like a Lady, Think Like a Man," the "King of Comedy" featured "the worst dater in America," overprotective parents and an introduction to poi exercise during his first week of shows.

"Steve Harvey," ABC

The show	Personality	What to expect	Secret weapon

'Katie'

3 p.m. ABC

For 15 years, **Katie Couric** helped America wake up as co-anchor of the "Today" show. She became the first solo female anchor of a national nightly news broadcast when she helmed "CBS Evening News with Katie Couric" from 2006 to 2011.

Couric is the sweet aunt who will take you for brunch and a manicure, listen to your problems, then scold you because you know better. She hopes "Katie" delivers information — from daily news to dating tips — that is "smart with heart."

"Katie," taped live from NYC and mixing news and entertainment, sounds a little like a one-hour version of "Today."

"I'm going to be able to flex all my muscles [on 'Katie']," Couric says, referring to her 33 years on both ends of the TV news spectrum. "I've done ... some fun stories, some celebrity-driven stories. And then I've done very serious stories. I pride myself on being able to use the right tone and the right approach and to be able to calibrate that approach depending on who I'm interviewing or the topic that I'm dealing with on any given day."

"I pride myself on being able to use the right tone and the right approach and to be able to calibrate that approach depending on who I'm interviewing or the topic that I'm dealing with on any given day." COURIC

Katie Couric

Sheryl Crow wrote and performed the "Katie" theme song, reminding us of the A-list contacts list that has got to be on Couric's iPhone, which she'll be able to tap for interviews. Crow will appear on the first episode, as will Jessica Simpson.

GETTY IMAGES

Sheryl Crow

'The Ricki Lake Show'

4 p.m., The CW

Ricki Lake became a star in John Waters' classic film "Hairspray." She hosted her titular chat show from 1993 to 2004, then produced a documentary about childbirth, "The Business of Being Born." She came in third place on "Dancing with the Stars" in '11.

"Hairspray"

Lake is your sympathetic girlfriend who has been there, done that and always has her own funny anecdote to share.

"I have been rich. I have been poor. I have been fat. I have been thin," Lake admits. "I've had this life experience, and I'm an open book. I'm willing to share my hardships and my triumphs."

Her mission for her return to talk is "that this can be a smart show [where] people can learn from each other, have a great time and walk away with some takeaway," she adds.

"Ricki Lake" became a phenomenon when Lake, then in her 20s, addressed the (often scandalous) concerns of the younger generation and encouraged audience participation. Now 43, Lake intends to continue engaging her fans, but with a more grownup approach and topics that affect, primarily, women between the ages of 25 and 54.

"Today, times are really tough. We're all trying to figure it out and put food on our plates and be in the job force and raise families and, you know, figure out the aging process and how to reverse it," Lake says. "I mean, we all are trying to do the best we can. So I think doing a show now that's a little less fluff, a little more substance — that's something I would be looking for as a viewer."

"I think doing a show now that's a little less fluff, a little more substance — that's something I would be looking for as a viewer." LAKE

GETTY IMAGES

Ricki Lake

Don't underestimate the nostalgia factor for Ricki Lake, Talk Show Host. The studio audience started a "Go Ricki" chant — a hallmark of the host's first show — during taping of the new show's second episode.

"It feels like a natural kind of thing," Lake says of the cheer. "I'm not opposed to it. I mean, it's very endearing and makes me feel very welcome."

'The Jeff Probst Show'

2 p.m., NBC

Jeff Probst is the Emmy Award-winning host of "Survivor"; he has helmed the reality show since 2000. Formerly, he hosted "Rock & Roll Jeopardy!" and was a reporter for "Access Hollywood."

Your over-sharing big brother who is also your biggest cheerleader.

"I think my weakness ... will be a strength," Probst says of his tendency to share "sometimes too much." "In daytime, when you are asking people to share their life on the level that I'm going to go to, you have to be willing to share yours," he adds. Probst's wife, Lisa Ann Russell, will often contribute to the day's conversation.

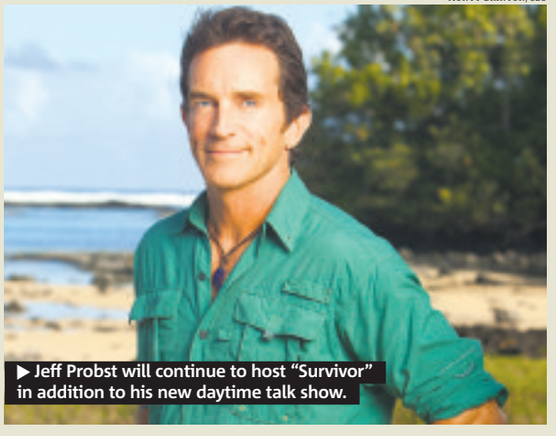
"The overall idea of the show is saying yes to the adventures in your life — I mean being married, being a parent, dating, friendships." PROBST

"If you're looking for Jerry or Maury, this is not your show," Probst says. "I'm not interested in people fighting onstage."

You can forget about seeing celebrities promoting their latest movie, too, unless they are able to add to Probst's message of positivity and embracing new experiences.

"The overall idea of the show is saying yes to the adventures in your life — I mean being married, being a parent, dating, friendships," he says. "At the end, this really is what defines our life, those adventures. And that's the idea behind the show, and we will talk about that all the time."

MONTY BRINTON/CBS



Jeff Probst will continue to host "Survivor" in addition to his new daytime talk show.

Only "The Jeff Probst Show" boasts a party room complete with massage chairs, makeover stations and snacks for its audience. Probst says the set was designed to be an extension of his living room, a place "where you feel comfortable enough to kick off your shoes."

The party room serves two purposes, he explains: "One, we want the audience to feel welcome, and we also want them to spread the word — if you are looking for something fun to do in L.A., check out 'The Jeff Probst Show.'"

AMBER RAY
amber.ray@metro.us

Startup profile: The indie cafe

▶Brittney Lewis (pictured with son Gibran) built a thriving cafe in her Philadelphia neighborhood by thinking beyond coffee.

ROBERT HORNAK

◗ Think there are already too many coffee shops in New York? ◗ Turns out quality, not quantity, matters

At first glance, it may appear that the cafe/coffee-shop business is approaching a point of maximum saturation in Northeastern cities. Not so, says Francisco J. Migoya, author of "The Modern Cafe," one of the seminal books on the business.

"There are an enormous amount of cafes and coffee shops that aren't as good as they could be. Many of these places will outsource a lot of their products. Sometimes, all they think about is coffee, and their pastries are made in a factory somewhere," says Migoya, who also teaches at the Culinary Institute of America. "In New York City there are maybe between seven and 10 very good cafes," Migoya adds. "So for somebody with a little bit of capital, who makes sure they're offering fresh, quality products, it's a really great business to be in."

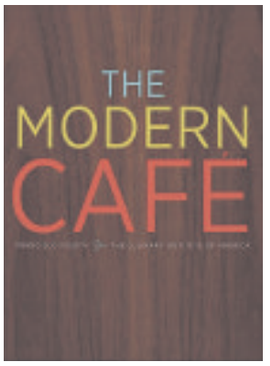
Longtime barista Brittney Lewis noticed a dearth of coffee quality in her Philadelphia neighborhood and, more importantly, a lack of positive community spaces.

In 2010 Leotah's Place Coffeehouse opened its doors in the Kensington section of the city. But Lewis quickly realized she had to upgrade her food offerings if Leotah's was going to survive.

"When I started, all I really had in my mind was coffee: direct-trade coffee. It's organic. I know the farmer. I know the roaster. And that's great, but that's all I had," says Lewis. "Once I got in the space, my customers demanded more food and higher-quality food."

Coffee still is the bread and butter at Leotah's. Lewis estimates that about 75 percent of her profit is strictly on drip coffee and lattes. But the food guarantees a steady flow of customers.

"It's a great business because the bar has been set fairly low," says Migoya. "So if you care about making a superb cup of coffee — if you care about simple, great, fresh bread — it's not that tough a climb to offer the customer something a little more than what they were expecting."



"In New York City there are maybe between seven and 10 very good cafes, so for somebody with a little bit of capital, who makes sure they're offering fresh, quality products, it's a really great business to be in." FRANCISCO J. MIGOYA

BRUCE WALSH
bruce.walsh@metro.us

Come join the "LI Best Home Care Team"
HIGHEST PAY IN NASSAU COUNTY
• HHAs • PCAs Immediate Work
Earn up to $14.91/HR
$600 Sign-On *BONUS Live-In Aides in Nassau County
Call (516) 227-3400
60 Hempstead Ave, Suite 215, W. Hempstead, NY 11552 EOE
Personal-Touch ...the people with a heart!

QUALITY DENTURES AND DENTAL IMPLANTS
THE SAME DAY
NEW PATIENT PACKAGE
MAINTENANCE CLEANING DIGITAL X-RAYS $89
With this ad only. One per patient. First visit only. Coupon expires 9-30-12
• Full Service Dental Office
• Repairs & Relines While-U-Wait
• Dental Implants • Crowns & Bridges
• Cosmetic Dentistry
• Senior Citizen Discounts
NEW PATIENTS ONLY
ONE DENTURE RELINE $194
With this ad only. One per patient. First visit only. Coupon expires 9-30-12
Featured on: TopDoc America
Free Consultation • Most Insurance Welcome
212.689.0024 www.heraldsquaredental.com
224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)
LOOSE DENTURES? NY's Place for Confident Smiles - Since 1977
AFFORDABLE, QUICK & EASY
• Leaves palate uncovered • Prevents rubbing & soreness
• No more messy adhesives & soreness

NEVER SHAVE AGAIN
This week only!
Get your body back with immediate results!
1 LPG Lipomassage Treatment, Slimming & Detoxifying Body Wrap & Weight loss Consultation $99! (reg) $265
Eyebrow, Underarm & Bikini Wax $45
LASER HAIR REMOVAL SPECIALS!
• Lip, Chin, Or Underarms $50
• Upper Arms or Lower Leg $99
• Brazilian Or Bikini $99
• Full Face w/ Neck $150
• Full Leg Or Full Arms $150
• Back Or Chest $149
• Full Body $499
"Best ways to lose weight!" www.perfectbodyforlife.com
Nina's Day Spa & Laser Center
IN BUSINESS OVER 25 YEARS
5 West 35th St
www.ninasskincare.com
212-594-9610
NEW CUSTOMERS ONLY

QS WORLD MBA TOUR™
MANAGEMENT
While some are stuck climbing the corporate ladder, others reach their full potential with an MBA.
Meet the World's Top Business Schools and find the perfect MBA for you at the QS World MBA Tour:
Columbia, NYU Stern, Cornell, MIT, Rotman, LBS, UCLA Anderson, ESADE, EMLYON and over 100 more...
NEW YORK MBA EVENT
September 15
Hilton New York
Registration from 1pm
Start your journey at:
topmba.com/metro
metro

mywellbeing

Receive personal attention from a Board Certified Podiatrist*
New Patient Offer:
FREE FOOT EXAM
Precision Footcare: Dr. John Jurcisin
MOST INSURANCE PLANS ACCEPTED
BEFORE WORK, LUNCH HOUR AND EVENING APPOINTMENTS AVAILABLE
Established in Manhattan for over 20 years
Bunions
Warts
Fungus Nail
Nerve Pain
Custom Inserts
Hammertoe
Heel Spurs
Ingrown Toenails
Cysts
Ulcers
We treat corns, calluses and foot problems
212-750-8344
www.precisionfootcare.com • 133 East 58th • Suite 506 • NY, NY 10022

Yoga pose of the week

Plank Pose

Get into it

1 Start in downward-facing dog. Inhale and draw your torso forward until the arms are perpendicular to the floor and your shoulders are directly over your wrists. Your torso should be parallel to the floor.

2 Press your outer arms inward and press the basis of your index fingers into the floor. Firm your shoulder blades against your back and then spread them away from your spine. Spread your collarbone away from the breastbone.

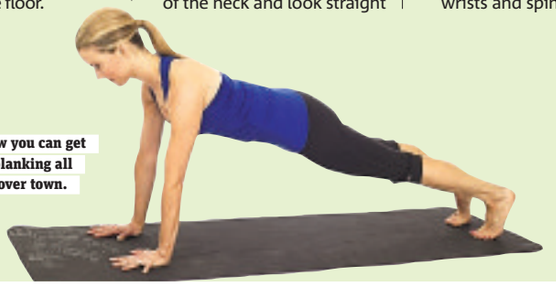
3 Press your front thighs up toward the ceiling. As you do so, draw your tailbone away from the floor and lengthen it toward the heels. Lift the base of the skull away from the back of the neck and look straight down at the floor.

4 If you want to deepen the pose, open up the space between the shoulder blades. As you press the outer arms inward, push the inner borders of the shoulder blades into this resistance.

5 Hold the pose for up to one minute.

Benefits:

- Helps tone the abdomen
- Strengthens the arms, wrists and spine METRO



Now you can get planking all over town.

Do this: 9/11 memorial yoga tomorrow

Honor the 11th anniversary of the 9/11 attacks with a healing yoga practice at Firefighters Memorial Park at The Ritz Plaza (235 W. 48th St.) tomorrow at 6 p.m.

- Admission is free, but a $10 suggested donation goes toward the UFA Widow's and Children's Fund. Stonehenge's Ritz Plaza Firefighter's Memorial Park commemorates the memory of the 15 firefighters from Engine 54, Ladder 4 — the most of any ladder company — who died on 9/11. After yoga, firefighters from the company will read the names of those who lost their lives. Visit www.healwithyoga.eventbrite.com to RSVP.

WE'VE GOT THE RIGHT DOCTOR FOR YOU!
MEDICAL OFFICE OF MANHATTAN
211 E 51st Street
[No Appointment Necessary]
Call 212-398-1709
Visit www.momnyc.com
Follow us on facebook and twitter.

LIFE IS SHORT. DON'T MAKE IT SHORTER.
Prevention is key.
Schedule a heart screening today.
Call 212-906-7798
Visit www.manhattancardio.com
Stop by 211 East 51st Street
MANHATTAN CARDIOLOGY
Follow us on facebook and twitter.

Diabetes Foot Pain
Are You Diabetic?
Do You Have Foot Pain?
Do you experience:
❒ sharp pains in your feet or legs?
❒ tingling, burning, or pricking sensations?
❒ sensitivity to touch?
Diabetic neuropathy is a nerve disorder caused by diabetes. Up to 60% of diabetics may have some form of neuropathy. If you are 18 years of age or older, have been diagnosed with diabetes, and have pain in your feet, legs or hands, you may be eligible to participate in our research study. As part of the study you will receive study-related medical evaluations with our Board Certified Physician, investigational medication, blood tests, electrocardiograms, and visits to our private center at no cost to you. Please call for more information.
The Medical Research Network, LLC
134 E. 93rd St.; New York, NY 10128 • www.MedicalResearchNetwork.com
(212) 595-5012
PF69-1

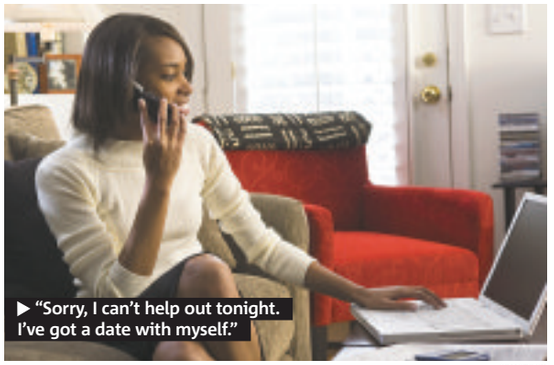
MDS Manhattan Dental Spa
FREE BOTOX
(20cc by our board certified plastic surgeon) or
FREE TEETH WHITENING
When you come in for a Dental Cleaning, Xrays and Exam
offer expires 9/15/12
Manhattan Dental Spa has been featured on NBC, ABC, and Town & Country magazine
We accept all major insurance and credit cards
For more information visit www.ManhattanDentalSpa.com
(212) 683-2530 200 Madison Avenue, Suite 2201

LASIK Deal of the Week
$1895 for LASIK Surgery for Both Eyes ($4,000 value)
VALUE $4,000 DISCOUNT 53% YOU SAVE $2,105
•Board-certified LASIK surgeons exclusively dedicated to Laser Vision Correction
• 50,000 + LASIK Surgeries performed
• Tri-state's only center with 4 different lasers to best customize your LASIK
0% FINANCING
Call Today for a 212.759.9617
FREE consultation!
MANHATTAN LASIK CENTER NEW JERSEY
www.SeeLasik.com
* Special offer valid with this ad only. The offer is good for Standard Lasik. Additional fee for Custom-S Bladeless Lasik. Some restrictions may apply

Please, don't people-please

Zen in the city

GABRIELLE BERNSTEIN
WWW.GABBYB.TV



▶ "Sorry, I can't help out tonight. I've got a date with myself."

COMSTOCK

There's a fine line between helping others and being a people-pleaser, and mistaking one for the other can be hugely detrimental. When we put others' needs before our own, we deplete our energy — which can lead to depression, physical illness and feeling overwhelmed. People-pleasing also can become so ingrained that it creates a victim mentality in us: People who give too much are susceptible to being taken advantage of, and then resentment sets in. If you've felt that resentment, you might think it's directed at others. Yet, underneath it is resentment toward yourself, for giving away your power. If you're a people-pleaser, chances are that that behavior stems from your own insecurities. We can seek a sense of self-worth in our ability to take care of others.

Becoming aware of this behavior is the first step to healing it. If you think you're someone who overly people-pleases, ask yourself the following:

▶ **What am I trying to get by overly giving?**
▶ **What would happen if I stopped putting others first?**

Answer these questions honestly and fearlessly, and see what feelings come up for you. As you review your answers, you'll find that hidden beneath your desire to serve others is a deep desire to feel good enough. Getting truthful with yourself about your need to people-please will help you begin to change the behavior.

Next, become conscious of putting yourself first. Dr. Christiane Northrup, a contemporary wellness pioneer, says, "If you don't fill your own cup up first, you'll have nothing to give." Self-indulgence is a radical act of self-care. At least once this week, do something kind for yourself. You don't have to spend money — bubble baths and movie marathons count. This may feel uncomfortable in the beginning, but it's important to create a new pattern of taking care of yourself first.

Lastly, start to create boundaries. If you're a people-pleaser, it's likely that folks have come to expect a lot from you. Start sharing with your friends and family members your desire to take care of yourself first. Letting others in on your shifts will help them help you.

There's nothing wrong with helping others — but your own physical, mental and emotional health must come first.

*— **Gabrielle Bernstein** is the author of "Spirit Junkie."*

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

spa Jolie
SLIMMING AND LASER CENTER FOR MEN & WOMEN
END OF SUMMER SALE! 50% OFF OR MORE!

Zerona Full Body Slimming Laser
Lose 3-9 inches in 2 weeks!
Permanent & Painless – Guaranteed!
6 Full Body Treatments $299

Fat Blaster 6 Treatments $499
Non-surgical lipo: dissolves fat and cellulite, tightens skin, Painless & Permanent, Immediate Results

Thermage For Body: One time treatment, Non surgical tightens & smooths wrinkled and sagging skin..any area $899

Thermage For Eyes: Lift sagging eyes or reduce bags or reduce crows feet..$499 each

Spa Services
Body slimming wrap with mini facial $45
Microdermabrasion $37.50
Deep pore facial with Oxygen $40
One hour massage $37.50
Spa manicure with spa pedicure $17.50

Laser Hair Removal
Underarms, lip or chin $37.50
Full body laser $349.50
Brazilian, Back, Chest, Full Legs, or Full Face $99
FRACTIONAL: Reduce acne scars, large pores, fine lines and stretchmarks $99 per area
SKIN TIGHTENING: Tightens loose skin on Face, Body or neck $99 per area

Wax Specials
Brazilian Bikini $17.50
Full Leg with Brazilian $27
Brazilian, back or chest $17.50

Introducing Painless Exercise -
20 min workout, equivalent to 1 hour in gym
• Body toner machine $10
• Circulation workout $10
The machine does all the work, you get all the results!

Expires Sept. 22nd • Prepay over phone • Makes great holiday gifts
180 7th Avenue South • West 11th & Perry St.
FREE CONSULTATION FOR MEN & WOMEN (212) 229-0399

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN
CERTIFIED BY THE AMERICAN BOARD OF PHLEBOLOGY

© Netter illustration used with permission of Elsevier, Inc. All rights reserved. www.netterimages.com

• VNUS Closure
• Foam Sclerotherapy for spider veins
• EVLT Laser Treatment
• Asclera

Resume to normal activities within a day
Most Health Insurances accepted
Anesthesia available for your comfort

HABLAMOS ESPAÑOL Tel: (212) 204-6501 ГОВОРИМ ПО-РУССКИ

Visit our website for more detailed information: www.TreatmentsOfManhattan.com

DOWNTOWN - 111 John St., Ste. 1450, New York, NY 10038 (Btwn Cliff & Pearl St.)
Nearest Transit: **Fulton St.** 2 3 4 5 A C J Z Neighborhood: *Financial District*

Downtown Podiatry
MANHATTAN'S PREMIERE FOOT DOCTORS

NEW TREATMENT AVAILABLE!
Aerolase Laser Nail Fungus Treatment

Call For An Appointment TODAY!
1.877.BUNION.1 / (1.877.286.4661)

DOWNTOWN 111 John Street Ste. 1450
www.downtownpodiatry.com
MIDTOWN 515 Madison Ave. Ste. 515
Most insurance accepted

fashion week

RED CARPETS

1

Reviews

1 **Prabal Gurung:** Ladies, keep your Spanx in the drawer. Prabal Gurung wants you to eat all the pie you want this spring. He feels there are bigger things than waistlines to fret about (read his thoughts in our Q&A below). Taking a left turn from all the sexy silhouettes he sent down the runway the past few seasons, Gurung kept things loose and flowy this time around. He championed comfort — there were slouchy trousers, drop-waist dresses and even sweatpants! (OK — silk skinny pants with elastic bands, but still.) For inspiration, the designer looked to his Eastern roots. Artist Anish Kapoor influenced the collection's red, grey and black color palette, and the traditional Indian salwar kameez was the impetus behind the layered looks: tunics in silk and chiffon came over cotton cropped pants and were topped with jackets with long diaphanous trains. Despite the relaxed ethos, models looked far from sloppy. It's hard to when you're wearing ostrich feathers, sequins and python. TINA CHADHA

2 **Altuzarra:** Despite tornado warnings, editors and boldface names (Jessica Chastain, Kate Bosworth and Tyson Chandler) filed into Joseph Altuzarra's spring show. After last season's breakout collection, no one wanted to miss out.

2

3

And lucky for them, he didn't disappoint. The recent CFDA Swarovski womenswear winner wowed with his exceptionally tailored — and inventive — series of outerwear. Cool, tough and feminine coats were constructed to be worn also as capes — a bonus for the unpredictable weather we've been facing of late. Other standouts: his equestrian-meets-corporate separates and gorgeous fringed and bejeweled party numbers. TC

3 **Rag and Bone:** Prep goes techno biker babe at Rag and Bone. Inspired by the Paris-Dakar Rally, David Neville and Marcus Wainwright started their sporty spring outing with a variety of seersucker stripes. They came on jackets, lace-trimmed shorts and breezy knee-length shirt dresses. But this was no New England clam bake — the looks, heavily layered with separates mostly in black, had a distinct urban edge. Then the engines started to rev as models with slicked-back hair and hands in their pockets rallied by in cool moto jackets, tough-guy leather pants (complete with racing stripes) and oversized shorts. Really bringing the motocross theme over the finish line: jolts of neon green, cobalt blue and shades designed with Oakley. TC

4 **Herve Leger:** Leave it to Herve Leger to find a way to make Southern quilts sexy. Inspired by the quilters in Gee's Bend, Ala., designer Max Azria reimagined the house's signature bandage dress as patchwork couture. Think stretchy fabrics arranged in geometric patterns, flared knits interwoven with chains, dresses with plisse pleats and ornate embroidered applique. (Not to mention leather harnesses and snakeskin booties for extra oomph.) Over the top? Definitely. But Azria had the good sense to keep the palette subdued, and

Interview

Prabal Gurung

How late did you stay up last night?
One a.m., so it wasn't that bad.
What was the starting point for your collection?
Considering what's happening right now in politics and around the world, giving freedom to women sounded very appealing. With that idea in mind, I'm proposing the idea of new sensuality, new sexy, which is not body-con but moving — it's a subtle, nuanced sensuality, it's cascades, it's bellows. We're trying to create volume and shapes and silhouettes via movement. The vision and shapes start to happen as it moves.
What is the difference between the ICB line and your signature collection?
The price point. It's the same ideas. For me, good design is always there, no matter the price point.
What gets you through Fashion Week?
Meditation, a good workout and amazing family and friends.
What woman would be your dream client?
Right now, the Duchess of Cambridge. We call and text each other — I'm just kidding!

AND RACE TRACKS

the workmanship was breathtaking. ● RAQUEL LANERI

5 **Suno:** Voluminous couture shapes showed up at the print-happy label Suno, which launched in 2009 with a collection of mish-mashed vintage Kenyan textiles. Think full-length gowns in floral jacquard with oh-so-easy pockets, or a ruffled butter-yellow floor-sweeper with delicate violet stem prints. Of course, designers Max Osterweis and Erin Beatty offered plenty of their usual riotous daywear, including folky embroidered cotton skirts paired with metallic florals and striped linens. ● RL

6 **Tadashi Shoji:** All that buzz from Octavia Spencer shining in Tadashi Shoji at the Oscars might have prompted the designer to recreate red-carpet gold. His floor-length gowns felt like they were trying a bit too hard: a white Grecian with plunging neck and open sides straddled the line between sexy and raunchy. His eye-catching Ikat-printed summer dresses, however, were the night's big winner. Carefree, pretty and comfortable – just what a woman wants to slip into when the pressure is on. ● TC

Ups and downs

Up

In what felt like the sweetest revenge, Liberty Ross walked the Alexander Wang show on Saturday, giving Kristen Stewart and Ross' cheating husband, Rupert Sanders, a very fashionable middle finger. Now if only Robert Pattinson was at the after-party to toast with her.

Down

The lack of air conditioning at venues found editors, critics and models sweating through the weekend's shows while clutching the must-have accessory: blotting paper.

Trending: White

Alexander Wang

Yigal Azrouel

BCBGMaxAzria

Trending: Slouchy shorts

Peter Som

Tibi

MM6 Maison Martin Margiela

Interview

Karlie Kloss gets cooking for FNO

It's the debut of your cookie line. How did the collaboration with Momofuku Milk Bar come about?
Milk Bar is the Mecca for all naughty treats and chef Christina [Tosi], and I came up with this idea to do a healthy cookie. I love to bake. It's always been a passion of mine, but we wanted to do something healthy because it's Fashion Week and so everybody's watching their waistlines. It's a nutritious cookie that tastes amazing, and you don't have to worry about feeling guilty about it. It's butter-free, gluten-free, dairy-free – it's Fashion Week-approved. The best part of it is [with each purchase you're] able to donate 10 meals to Lauren [Bush Lauren]'s FEED organization.

Do you remember the first time you ever went to Momofuku Milk Bar?
The first time I came to New York, with my mom. We wandered in and we had the Compost Cookie. I was 15. I'll never forget that moment.

Let's talk fashion. Is there a show you would have loved to walk in?
I would have loved the Versace show back in the day with the one and only Mr. Versace.

What's your perfect day off?
My perfect day off is baking followed by biking around the city to work off all the cookies that I devoured.

When you're not baking, what are you doing?
I'm buying my apartment here in New York, so I have a lot of decorating I need to do.

What's your decor style going to be?
I want it to be comfortable and have Parisian flair — really feminine.

You often surprise people with cookies.
That's my favorite thing to do. I've developed a new term — it's called cookie-bombing. I show up on the designer's doorstep with a bag of fresh baked cookies and a love note. ● MEREDITH ENGEL

"My perfect day off is baking followed by biking around the city to work off all the cookies that I devoured."
KLOSS

Karlie Kloss

Reviews

1 **Cushnie et Ochs:** White, sexy dresses done 10 different ways — with sporty midriff cutouts, plunging necklines or structured shoulders — and two teeny-tiny white bikinis kicked off the spring effort of Carly Cushnie and Michelle Ochs. The ladies have femme fatale body-con down to a science. This season, inspired by Ochs' native Philippines, they added embroidery and two stunning shades of island blue to the mix. And while the duo keeps evolving its signature vampy aesthetic (cutouts around the decolletage were more artful then ever), one problem persists: Who, besides super svelte starlets such as Kate Bosworth, sitting in the front row, can pull these off? TC

2 **Yigal Azrouel:** Azrouel has been slipping further and further into a minimalist trance over the past few seasons. Spring found him in a full-on stupor. He concentrated on clean lines for his collection of mostly lightweight, relaxed cotton dresses and knits in neutral colors. The simple seeming frocks — in apron, eyelet and maxi styles — flowed gracefully when the models took the runway. There was almost a quiet, monk-like quality to them; maybe that's why Azrouel styled models in what felt like urban nun habits. TC

3 **Honor:** The romantic braided updos, lace prints and the sheer girly-ness of Giovanna Randall's collection recalled Valentino's Spring 2012 show — or it would have, if only the designer didn't already own ladylike dressing since starting her label in 2009. For spring, her gamine cut through an enchanted forest — the runway surrounded by greenery — to get to a tea party, secret rendezvous or OkCupid meetup. Models came down the runway in feminine full skirts, floral prints in neon green, cutesy high-waist shorts, dreamy organza blouses (most with high ruffle collars) and some star-of-the-party jumpsuits. TC

4 **Rebecca Minkoff:** Rebecca Minkoff went poolside this spring, citing Slim Aarons' 1960s and '70s snapshots of glamorous jetsetters and celebrities lounging in the sun as inspiration. Her girls wore more laidback, tomboyish versions of Aarons' haute subjects: embroidered white boot-cut jeans, woven poncho dresses, on-trend track pants with flowered stripes, faded motorcycle vests and supershort, tweed shorts suits. But at least one look was high-wattage Aarons fabulous: an orange-red paisley print sweater dress paired with flowing floral pajama pants in the same hue. RL

5 **Lacoste:** Lacoste designer Felipe Oliveira Baptista found himself rifling through the house's archives from the 1980s, where he found inspiration for asymmetrical color blocks applied to oversized T-shirts, wide-legged pants and matching anoraks in wild prints. Yes, he even resurrected the fanny pack. There were also plastic raincoats with welded seams and a sexier version of the classic polo dress, made with crocodile-embossed white nappa leather. Back to the prints: they were adorable — tennis balls, rackets or little crocodiles arranged in crazy patterns. RL

6 **Nonoo:** Michael Eastman's patina photos of Havana, Cuba, provided the jumping off point for Misha Nonoo's Spring collection — an irresistible mix of crisp cotton dresses, easy pajama trousers and filmy blouses in vibrant tropical colors: flamingo pink, jungle green, marine blue. The young designer, who won the Fashion Group International Rising Star award this year, also found herself playing more with prints — something she just started dabbling in for Resort — with adorable flamingos and palm fronds adding a jolt of quirk to this love letter to Latin glamour. RL

Interview

Cushnie et Ochs

Please sum up your Spring '13 collection in a tweet (140 characters or less).
Exploring the traditional dress and surf culture of the Philippines.
What will be your fall staple?
Carly Cushnie: Colored fur.
Michelle Ochs: Leather everything.
What's your soundtrack to Fashion Week this season?
Everyone from Alex Clare to Damian Marley to Rihanna.
What item in your closet is the most embarrassing?
MO: A multicolored polo shirt.
CC: My prom dress — it was all sequins, with a thigh-high slit, and [it] was multicolored. Too much in one dress, but I had a blast in it.

FOR FULL COVERAGE FROM NY FASHION WEEK, FOLLOW TINA: @TINAATMETRO.

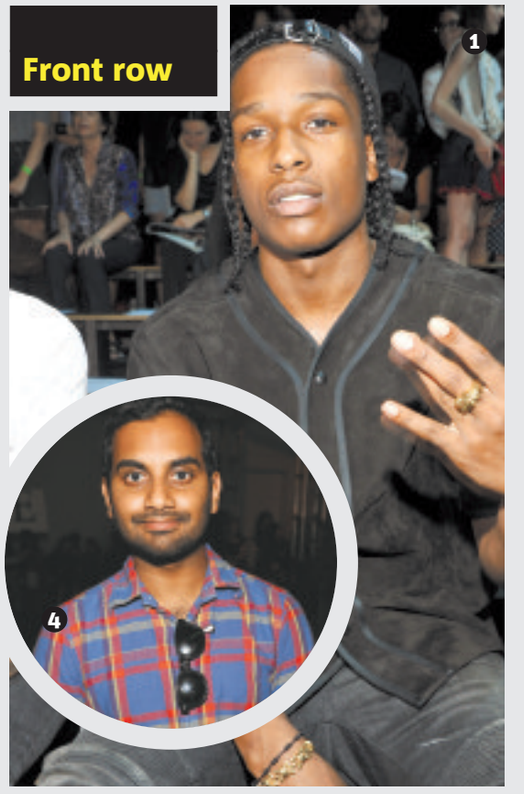
Interview

Yigal Azroel

Please sum up your Spring '13 collection in a tweet (140 characters or less).
The color white is fresh and new, always timeless. Nature is full of hidden energy & the ability to transform #movement #stillness.
What keeps you sane during Fashion Week?
I try to run by the Hudson River every morning.
What will be your fall staple?
Definitely a leather jacket. Also a great pair of boots and a cashmere scarf.
What's your soundtrack to Fashion Week this season?

Recently I've been listening to The Rolling Stones, Tom Petty, Ratatat, Charlotte Gainsbourg and Hot Chip.
What's the most embarrassing item in your closet?
A vintage Hawaiian shirt.

Front row



1. Alexander Wang (ASAP Rocky, pictured, Justin Theroux, Die Antwoord)
2. Prabal Gurung (Kate Bosworth, pictured, Allison Williams, Hailee Steinfeld)
3. Rag and Bone (Maggie Gyllenhaal, pictured, Christy Turlington)
4. Boy band of outsider (Aziz Ansari)
5. Tibi (Olivia Palermo, Solange Knowles, pictured)

Letters

letters@metro.us

The word toddlers and the GOP have in common

RE: "GOP'S GOT PEOPLE FEELING LUCKY AGAIN" (METRO, SEPT. 5) John McLaughlin seems to have missed the fact that for the past four years the GOP has been the party of NO. Romney is so dedicated to saying NO.

He voted against a health care program that is virtually the same one he implemented as governor of Massachusetts.

The GOP no longer compromises as both parties have done down through the ages.

To them, compromise is weakness. One man campaigned on the promise to get rid of Obama — not on what he would do for his state, not on what he hoped to gain for his constituents, just to get rid of Obama. I'm glad John seems to feel lucky again.

I just hope he is among the 1 percent because they are the only ones who will really benefit from a Romney presidency.

RACHEL GARBER, PHILADELPHIA

Oval Office seat too hot for both candidates

I can't for the life of me think of a good reason why Mr. Obama would want or should be given another four years to occupy the White House.

But then there's Mr. Romney, who is more suited to a retirement community in Florida than the White House.

BOB KEHL, VIA E-MAIL

More after this strategically placed commercial break

Elizabeth Warren was just getting into how "corporations are not people" the other night at the Democratic National Convention, when ABC quickly cut to a commercial. Just sayin'. I'm starting to think that this phrase is illegal.

WALTER PURCELL, VIA E-MAIL

European model gets better mileage

RE: "MILEAGE MANDATE PUTS ALL LIVES IN THE (TOO) FAST LANE" (METRO, SEPT. 5) The safety hazard decried by Joseph Dupont created by driving vehicles in different tiers of weight and quality of construction on the same (largely public roads) is what income inequality in America has always created.

It was always safer to be the one in Cadillac than the one in Studebaker Lark.

This went on steroids when Reagan exempted "light" trucks from fuel standards to become huge gas guzzling sport utility vehicles prone to rollovers from their high center of mass.

Eighteen-wheeler trucks are now a global competitive loser as container rail becomes basic for freight transport but they are still capable of running over even a Hummer.

Europe has had vehicles that get 50 miles per gallon for years while separate bike and foot paths, decrease auto trips, promote health, humanize the land and save lives lost to auto accidents.

JAMES E. VAN LOOY, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♍ Virgo **Aug. 23-Sept. 22.** You'll sparkle if you're involved in some kind of creative endeavor. This will be especially true if you have an imaginative partner.

♎ Libra **Sept. 23-Oct. 23.** Rather than leave important matters up to the capriciousness of fate, take charge of events yourself. You are the final arbiter of your own affairs.

♏ Scorpio **Oct. 24-Nov. 22.** Be a good listener, especially if you're with a group of friends who are discussing some new topics. There's a chance that what you learn can be used to your advantage.

♐ Sagittarius **Nov. 23-Dec. 21.** Conditions in general should be quite favorable for you over the next couple of days, especially where your material interests are concerned. Do something meaningful.

♑ Capricorn **Dec. 22-Jan. 19**. Knowledge gained from personal experience is one of our greatest assets. If you're stymied with something you're doing or with someone you know, look into the past for answers.

♒ Aquarius **Jan. 20-Feb. 19.** Your commercial affairs are best conducted in a secretive atmosphere, with only the people involved present. Outsiders or kibitzers will only cause confusion and complications.

♓ Pisces **Feb. 20-March 20.** If there is something pleasant you'd like to do, contact your closest friends first to see if any of them are interested in joining you. Hard feelings would result if you don't.

♈ Aries **March 21-April 19.** Cozy up to a friend or family member who can help you advance a career objective. The ladder to success will be much steadier with their cooperation.

♉ Taurus **April 20-May 20.** Because you're an exceptional organizer, take it upon yourself to help an associate who is fumbling with a situation that you're familiar with.

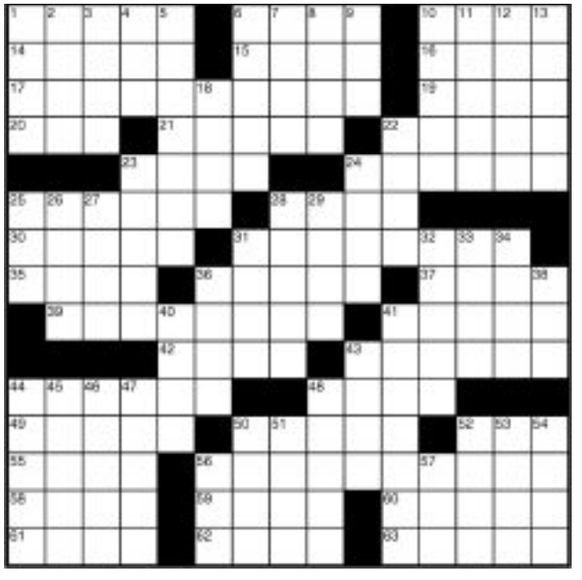
♊ Gemini **May 21-June 20.** You're the catalyst who can unite the family to take on a common mission. The changes your clan will be able to effect will bring greater harmony to the entire household.

♋ Cancer **June 21-July 22.** It's an excellent day to discuss a critical matter with your mate. Reaching a collective conclusion will be far better than any answer arrived at individually.

♌ Leo **July 23-Aug. 22.** You should now be able to feel the effects of some influences that could be having a stabilizing effect on your family's finances. The changes will be obvious and worthy of further development. **BERNICE BEDE OSOL**

Across
1 Vice —
6 Count tree rings
10 Balcony section
14 Leafy vines
15 West Coast st.
16 Runs a fever
17 More than scary
19 Lesage hero Gil —
20 Mexican Mrs.
21 Cancels out
22 Name in tractors
23 Transfer money
24 Kind of handshake
25 Roils
28 Campus area
30 Cliffside abode
31 Reflect deeply (2 wds.)
35 Boys
36 Nickels and dimes
37 Appraise
39 Leave on a cruise (3 wds.)
41 Took a whiff
42 Puff of wind
43 Foot, slangily
44 Herb for kitty
48 Crocus "bulb"
49 Remote
50 Muffler
52 Me, to Miss Piggy
55 By -- of hard work
56 Thrifty commuters
58 "Central Park in the Dark" composer
59 Toward shelter
60 Aboveboard
61 Zip
62 Some queens
63 Arboreal Aussie

Down
1 Limo riders
2 Even once
3 Hayworth or Rudner
4 Sun. homily
5 Just plain silly
6 Moriarty's creator
7 Seed covering
8 Decades
9 Turtle-to-be
10 Sticker
11 Fixed a squeak
12 Look daggers at
13 Ruhr Valley city
18 Minks, et al.
22 Extinct bird
23 Ankle opposite
24 Hoedown partners
25 BTU kin
26 Stack
27 Pakistan's language
28 Hushed
29 Radius neighbor
31 Rock's "cushion"
32 Indy 500 sound
33 Bridge position
34 66 and I-80
36 — de grace
38 Ben & Jerry rival
40 Nine-to-fiver's cry
41 Port in Virginia
43 Bullring bull
44 Plaza de Mina city
45 Still in the game
46 Copier ink
47 Untrue (2 wds.)
48 Billowing garments
50 Department store event
51 Subarctic tribe
52 MHz part
53 Spoken
54 Cuba, to Castro
56 Hack's vehicle
57 Zodiac sign



		7	4	8			6	
					6			
	6	4	7		5		1	8
			9			8		
5	7			6			2	4
		6			3			
1	8		6		2	4	5	
			8					
	3			9	4	1		

SUDOKU **LEVEL: EASY**

6					8			3
4		5			6			2
3		7	1				4	
	1	3				5		
			3		1			
		9				3	7	
	6				4	2		5
9			6			4		8
1			2					7

SUDOKU **LEVEL: HARD**

Solution to the weekend crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

To advertise – phone: 212-457-7735 email sales: advertising@ metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf **tony.metcalf@metro.us, @edinchiefmetro | Managing Editor:** Ron Varrial **ron.varrial@metro.us | City Editor:** Carly Baldwin **carly.baldwin@metro .us | Features Editor:** Amber Ray **amber.ray@metro.us, @amberatmetro | Sports Editor:** Mark Osborne **mark.osborne@metro.us | Deputy Features/Careers/Books/ Travel editor:** Dorothy Robinson **dorothy.robinson@metro .us | Home/Style editor:** Tina Chadha **tina.chadha@metro.us | Film/Tech editor:** Heidi Patalano **heidi.patalano@metro .us**
E-MAIL US: letters@ metro.us

As the world's largest global newspaper, Metro has more than 17 million readers in over 100 major cities in 17 countries • **Metro New York** 120 Broadway, New York, NY 10271 • **main:** 212-202-4536 • **sales fax:** 212-457-7735
National and Executive Sales Director Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **e-mail sales:** advertising@metr o.us • **distribution** e-mail: distribution@metro.us
Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damage whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice.
Certified Audit CAC of Circulations metro

JEFF ZELEVANSKY/GETTY IMAGES

JETS 48 | BILLS 28 **Next: at Pittsburgh** **Sept. 23 at Miami**

▶ Sanchez and Tebow, right, were all smiles yesterday as they ran out to a 21-0 lead and dominated Buffalo all afternoon.

TEBOW WHO?

Sanchez comes up huge as debut of Wildcat fizzles ◗ Explosive offense complete opposite of preseason stumbles ◗ Promise more Tebow to come

The long-anticipated debut of the Wildcat looked more like the Mildcat.

Talked about ad nauseam since a March trade sent Tim Tebow to the Jets, the Wildcat offense was supposed to be an unpredictable new wrinkle in the Jets' arsenal. Instead, the Wildcat was tame at best in the Jets' 48-28 season-opening win over the Bills.

Tebow didn't throw a single pass and had five rushes for 11 yards in running the scheme.

"I was able to go in there and do some good things. Obviously we'd like to have a big play in there," Tebow said. "But I felt like we had some good looks and will just continue to get better at it."

The real star of the afternoon wasn't Tebow but starting quarterback Mark Sanchez. After a rough start to the game when he threw an interception on the opening drive, Sanchez settled down to go 19-of-27 for 266 yards and three touchdowns.

"He definitely turned it on today," said wide receiver Jeremy Kerley, who caught

"Vindication [or a] chip on our shoulder — maybe that's not the right things. We were just excited to play."
REX RYAN, JETS HEAD COACH

Sanchez's first touchdown pass of the day. "There's always a big target on Mark's back and I think he likes it. He's a guy we trust and know what he's capable of each week. He showed it today."

Last week, wide receiver Santonio Holmes claimed that Sanchez was "unsettled" by the trade for Tebow, but the Jets' starter looked anything but. In fact, he seemed to thrive in the dual-quarterback set-up.

"That's just the tip of the iceberg. We've got plenty more in our grab bag that is the Wildcat," Sanchez said. "Tim is an explosive guy."

The situation and flow of the game may have dictated why the Jets decided to dial back on using the Wildcat as much as many had predicted.

"I felt like we did pretty good [on offense]. I felt we had efficient plays," Tebow said. "Good communication, good out of the huddle. We were efficient for the most part."

KRISTIAN DYER
sports@metro.us

What went right ...

1 Finding paydirt — Much was made of the Jets' inability to score in preseason, with the starting offense failing to get a touchdown. Not so in Game 1. Sanchez and the offense rebounded after an early pick with an eight-play, 61-yard drive capped off by a 12-yard touchdown catch by Jeremy Kerley for a 7-0 lead on their second drive.

2 Pick-ed apart — The Jets intercepted Bills quarterback Ryan Fitzpatrick twice in the first quarter. First, Darrelle Revis made an outstanding leaping pick and then Kyle Wilson had one on the next drive. The Jets capitalized on both, scoring two touchdowns and putting the game out of reach early in the second.

3 Drop free — One of the biggest fears coming out of the preseason was rookie wide receiver Stephen Hill's ability to hold onto the ball. He had no drops yesterday and looked unstoppable at times with two touchdowns. **METRO**

3

In the news

McIlroy wins

Is that Tiger Woods or Rory McIlroy out there?

The 23-year-old from Northern Ireland won his second consecutive PGA tournament yesterday — the first person to do so since Woods in 2009.

McIlroy outdueled Woods himself, who finished tied for fourth, as well as Lee Westwood and Phil Mickelson as he shot 5-under on the final day to secure a two-stroke victory.

Jets retire Martin's jersey at halftime

While the brash Jets were dominating on the field Sunday, one of their most understated greats was being honored with the retirement of his jersey at halftime.

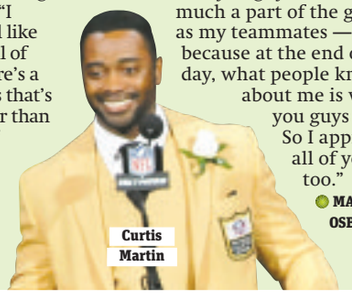
Curtis Martin became the fourth Jet inducted into the Hall of Fame last month and yesterday the team he played the last eight years of his career with gave him a ceremony of its own.

"Words can't express [how honored I am]," Martin said before the game yesterday. "I almost feel like it's the Hall of Fame. There's a part of this that's even bigger than the Hall of Fame because it's the hometown; it's the crowd that I've played in front of for all these years. I'm just excited."

Martin is the all-time leading rusher for the Jets with 10,302 yards. He is fourth in NFL history. Martin's greatest legacy may be off the field, where he is acknowledged as one of the classiest players ever.

"I gave it my best on and off the field to represent the New York Jets organization as well as all the fans who I held myself accountable to — even to the media," Martin said. "A lot of players may feel that, 'It's the media, it's the fans.' But I always felt that you guys were as much a part of the game as my teammates — because at the end of the day, what people know about me is what you guys write. So I appreciate all of you, too."

MARK OSBORNE


Curtis Martin

NFL Week 1 in pictures

Birds survive, while RGIII looks dominant

Week 1 in the NFL always brings a few surprises to the table — like, say, the Jets actually scoring touchdowns.

It was no different this season as a rookie had the most impressive performance of the day.

1: Robert Griffin III ran and threw all over the Saints in his NFL debut. He finished with 320 yards passing and two TDs in the team's 40-32 win.
2: Despite four interceptions, **Mike Vick** led the Eagles to a late game-winning TD to beat the Browns, 17-16.
3: Tom Brady and the Patriots looked about how they look every year — good. They beat Tennessee handily, 34-13.
4: Matt Ryan threw three TDs, two to **Julio Jones**, as the Falcons beat the Chiefs, 40-24.

ALL PHOTOS: GETTY IMAGES

AGELESS MEN'S HEALTH
TESTOSTERONE REPLACEMENT

FEEL LIKE YOUR NEW ~~OLD~~ SELF AGAIN

INCREASED ENERGY, DECREASED BODY FAT

INSURANCE ACCEPTED
Walk-in or appointments available
15 minute initial evaluation
www.agelessmenshealth.com

80 Park Avenue
Suite 1E
New York, NY 10016
P: 212-837-1946

65 Broadway
Suite 1804
New York, NY 10006
P: 212-430-6677

Emmaus MEDICAL, INC.

Do you or someone you know have SICKLE CELL DISEASE?

Emmaus Medical, Inc. is conducting a research study for patients with sickle cell disease (HbSS) or sickle β^0-thalassemia.

To qualify for this study you must:
- Be five years or older
- Have had two or more crises during the previous year
- Meet other inclusion criteria

For more information contact Dr. Rafael Razon or Dr. Henry Macan at:
1-855-SCD-JOIN or 1-855-723-5646
To see participating sites visit www.clinicaltrials.gov | NCT#: NCT0179217

ROB CARR/GETTY IMAGES

▶ Martin is batting .308 with two homers and seven RBIs in the last three series.

Yankees split series, take one-game lead

The Yankees won the final round of a four-game series in Baltimore yesterday to keep a hold on the AL East lead.

New York entered the series up one game and leave with the same lead. They beat the Orioles, 13-3, as they looked like the Bronx Bombers, who staked themselves to a 10-game lead in the division July.

Derek Jeter and Curtis Granderson both hit home runs, but it was hard to find someone in the lineup who didn't swing the bat well. Granderson came off the bench in the sixth inning and hit a solo shot, the first of three straight hits he had throughout the day.

Russell Martin continued his hot hitting streak with a 2-for-4 day, while Robinson Cano and Alex Rodriguez both got on base three times and scored three runs.

"We lost a couple games, but we did battle back," Jeter told reporters after the win. "Today was a big one for us. We have a much-needed day off, then we go to play Boston. I like the way we played."

The Yankees also liked the way Joba Chamberlain pitched. Chamberlain has struggled since returning from Tommy John surgery and an ankle injury last month, but he went 1 2/3 innings yesterday and struck out four batters. The bullpen salvaged a lousy start from Freddy Garcia.

MARK OSBORNE

Williams takes fourth Open

TIMOTHY A. CLARY/AFP/GETTY IMAGES

▶ Williams surprised everyone, including herself, in rallying from down 5-3 in the third set to win the U.S. Open.

After one of the most spectacular and intense matches in U.S. Open women's history, Serena Williams fell on her back on the Arthur Ashe Stadium court and covered her face with her hands.

Victoria Azarenka had just sailed a backhand long on match point, completing Williams's dramatic comeback from 5-3 down in the third set to forge a 6-2, 2-6, 7-5 victory.

Williams, who turns 31 later this month, won her fourth U.S. Open and 15th major. This summer alone, she won the singles and doubles titles at Wimbledon and the Olympics, and now the U.S. Open and its $1.9 million prize. She improved to 10-1 all-time against Azarenka, a 23-year-old native of Belarus, who roared back after losing the first set in 34 minutes.

"Oh my God, I honestly can't believe I won," Williams said in her on-court interview. "I really was preparing my runner-up speech because I thought, 'Man, she's playing so great.' I'm really shocked today. I'm so happy to have gotten so far."

Among those in the crowd for the first three-set women's final since 1995 were R.A. Dickey, Amar'e Stoudemire, Minka Kelly, Kevin Spacey, Will Ferrell, Billie Jean King and Anna Wintour.

Azarenka, who won her first and only major at the Australian Open in January, served for the match at 5-4, but quickly fell behind 0-40 and was broken when she hit a forehand into the net, causing the crowd of 23,000-plus to stand up and roar in approval.

Williams then held to make it 6-5, cranking a 108-mph service winner on game point.

Azarenka had two chances to send the match to a decisive tiebreak but Serena hit a backhand winner at 40-30 and Azarenka smacked a backhand into the net on her advantage.

"At the moment it's tough but Serena deserves the win," Azarenka said. "She showed how true of a champion she is. I'm just honored to stand with such a champion here.

"I definitely gave it all today and you know, stepping out of this court today, I will have no regrets."

ADAM ZAGORIA
sports@metro.us

Medical Research
Check out Metro's Online Medical Research Directory at health.metro.us
metro health
To advertise, call Brett Lurman at 646-792-8086

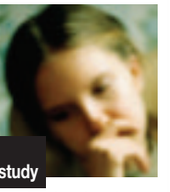
WANT TO STOP USING COCAINE?
Albert Einstein College of Medicine is looking for cocaine dependent volunteers who are age 18 to 65 to participate in a research study. Eligible participants will receive up to 8 weeks of no-cost intervention that may include medication and "talk" therapy. Compensation for time and travel available.
FOR MORE INFORMATION, PLEASE CONTACT ANDREA OR MATTHEW AT THE RESEARCH OFFICE.
347-493-8555

The City University of New York 138th & Broadway
RESEARCH STUDY
ARE YOU A MAN OR WOMAN WHO HAS EXPERIENCED VIOLENCE?
DO YOU USE ALCOHOL OR DRUGS TO COPE?
Free, one on one counseling
An opportunity to receive compensation
RESEARCH TREATMENT STUDY AT THE CITY COLLEGE OF NEW YORK.
INDIVIDUAL THERAPY SESSIONS. SUPPORTIVE AND CONFIDENTIAL ENVIRONMENT.
Call for a FREE evaluation:
212-650-5177

DIRECTORY
Legal Services
To place an ad call Jennifer Clark at 646-792-8042 or email jennifer.clark@metro.us

Thoughts of Bankruptcy?
Struggling with debt? Not getting ahead?
Filing bankruptcy can be your way out of debt
Bankruptcy done right at the right price
Jay Simon, Attorney
718.222.4619
32 Court Street, Suite 805, Bklyn
Change begins with one call

Over 60 Years of Experience
DINERMAN BERGAM & DINERMAN
ACCIDENT?
ALL ACCIDENT CASES HANDLED
Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate
150 BROADWAY NYC • (212) 267-7575
Free Consultation ASK FOR MARIA Hablamos Español

Taking an antidepressant, but still feeling down?

• Depressed mood nearly every day
• Decreased interest or pleasure in activities you once enjoyed
• Changes in sleeping or eating habits
• Loss of energy • Inability to concentrate
• Feelings of worthlessness or guilt
If you are currently taking an antidepressant, you may qualify for participation in a research study
• A study to evaluate the efficacy of medicine for the treatment of depression
• Patients must have a diagnosis of Major Depressive Disorder and be 18-65 years old.
For more information please contact:
BMR Behavioral Medical Research
718.351.8100
info@bmrsi.com | www.bmrsi.com

ACUPUNCTURE STUDY FOR IBS
Do you have Irritable Bowel Syndrome (IBS)?
You may be eligible for a research study aimed at reducing symptoms associated with IBS using Acupuncture. Qualified participants will receive up to $330.
To be eligible you must:
- have diagnosis of IBS.
- be experiencing symptoms related to your IBS.
- be 18 to 70 years of age.
NEW YORK UNIVERSITY
For more information call:
NYU: Special Studies in Symptom Management
212-365-0346

IMMIGRATION / CRIMINAL DEFENSE
FREE CONSULTATION
Feiner & Lavy, P.C., Attorneys at Law
325 Broadway Suite 401, NY NY 10007
212-571-9200 www.FNLPC.com
עברית, Español, Spanyol Attorney Advertisement

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Real Estate/Sale

EQUAL HOUSING OPPORTUNITY

PUBLISHERS NOTE
All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes its illegal to advertise any preference, limitations or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at 1(800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

Miscellaneous

Delaware Co., 13 acres w/1 rm cabin. Open & wooded. Road frontage on county hwy. Priced right at $36,900. Owner finance. $6000 down. $381/mo. Call Bill Hunt, Sidney, NY 607 563-1993

Homes

EAST 225 ST ★ Oversized New Luxury Brk 2 Fam, 6 BRS, 5 Bth, CAC, Walk In Tiled Bsmt, Driveway, HW Flrs, 3.5% Down, Owner 917-510-7005

PARKCHESTER ★ New Constr. 2 Fam, Brk, 2 Br, 1 Bth / 4 Br, 3 Bth, Bsmt, $16K down payment. Owner 631-605-2049

St. Lawrence Ave. ★ Lg Det Renov 2 Fam, 3/3 brs, Wd Flrs, Pvt Yard, Fin Bsmt, 2 Gas Boilers. Near #6 Train, 3.5% Down, Owner 917-510-7005

East New York Open House Sat & Sun, 12-4, New Construction 2 fam brk, 3/3, fin bsmt, 5 bths, drwwy, gar. Owner 646-431-0105, 718-740-5222

E. FLATBUSH ★ Newly Renov 4 Fam, S/D, 6.5/6.5/6.5/5.5, Vacant, Mod Kits & Bths, Hwd Flrs, Bkyd & Drvwy. Broker 646-372-8924

Homes

Ocean Hill 1606 Prospect Pl/Ralph 4 Fam S/D Ex Cond. (2) 3 Br (2) 2 Br 3 car gar, Gd Investment $599K Must See! call Yehuda Broker 347-268-3967

115 Av Cambria Heights Best Deal! 1 FAM BRK 3 BR, 2 FULL BTH, $239K $2500 oc. Owner Rep Bill 718-506-7002

CAMBRIA HEIGHTS ★ Huge New Luxury Brk 1 Fam, 4BR/4BA, Walk In Tiled Bsmt, HVAC, Drwwy, HW Flrs, 3.5% Down, Owner 917-510-7005

CORONA $230,000
2 family brick, 3 over 3, 2 full baths, gar. Won't last! Hablamos Espanol Call Maybell 718-300-7057

Hollis Great Location! Fully renov 1 fam det 40x100, One of a kind! 4 brs, 2.5 bths, great loc. 2 car gar, pvt drwwy. Owner motivated, 347-416-4574

Jamaica Fully renov 2 fam for sale 6/6, 2 full bths, fin bsmt, pvt drwy. Owner pays cc. Gov't program. ★ Owner Rep Ray 347-869-1110 ★

Rosedale New Constr 2 Fam brk det pvt drwwy, 3 Br/3 Br 3 new kits w/ granite 5 marble baths, fin bsmt, gar No closing costs Owner 917-841-0373

VALLEY STREAM ★ Corner Prop, X-Large Modern 1 Family, 6 Bdrms, 3 Bths, Pool, Fin Bsmt, Yard, Garage, $300s Broker 646-372-8924

Real Estate Wanted

A Guaranteed Offer on your home in 24 Hrs!
- Very little ***equity?***
- Behind on ***payments?***
- ***Moving?***
- We BUY **CASH**
- We pay **MARKET VALUE**

Call Adam at (347) 903-4786

I Buy Houses CASH!
Quick Sale – Fair Price
914-237-1418

Real Estate/Rent

Apartments

Fordham Hill & Yankee Stadium Elevator - Laundry - Garage
APTS from $875 NO FEE
Call Rentall Office 646-291-6529
RentTheBronx.com

Fordham Road Vic 2 Br apt. $1400/mo. Gas & Elec. incl. Credit check & refs. 1 mo sec + 1 mo dep. Owner 347-577-6893, 646-705-2395

Fox St. Modern 2BR apt 1st flr, W/D, back yd, pvt prkng, nr shops & trans, no pets, 2 mo. sec, 1 mo. rent, $1500/mo. By Owner 718-924-7654

Real Estate/Rent

Apartments

Southern Bronx Locations Immediate Studio, 1, 2 & 3 BR Apts. Newly Renov Units, Lge Open Flr Space. $822/mo & up. Owner 718-620-1345

CANARSIE- 1810 Rockaway Pkwy 2 Br apt, $1500. granite & hwflrs, tenant pays elec. Credit ck req Sect 8 ok. Owner 917-642-6284 aft 10am

EAST FLATBUSH Ave H & 32nd St 1 blk off Flatbush Near shops, trans, Studio $975 Well maintained rent stabilized bldg 1st half mo Rent Free. Call Agent 718-657-1085

★E. Flatbush & Brooklyn All Areas ★
★ Studios $850 & Up ★1 BRs $900 & Up
★2 BRs $1200 & Up ★ 3BRs $1400 &Up
C-21 ACHIEVERS 718-758-0600

E. New York - 3 Br apt, 2nd floor in 2 family house, Close to "A" Train $1800/mo. 1 mo rent, 1 mo sec. Owner 718-647-1712

FLATBUSH: E. 26th ST. 1 Block off Flatbush Ave. Studio $775. Well maintained rent stabilized bldg. 1st mo rent free. Call Agent 718-657-1085

★RUGBY★ E. 58th St & Snyder Ave. 1 Block off Kings Hwy, well maint'd rent stabil. bldg. 2 br $1375. 1st ½ mo rent free. Agt 718-657-1085.

Far Rockaway Wavecrest Gdns
Apts from $870 - NO FEE!
Gym - Parking - Laundry
Call 646-810-4993
www.RENTWAVECREST.com

Flushing - 3 bdr apt on a first flr hse, 1.5 bath, walk-in closet, large living room, large dinning area. New appli. Pvt parking. Call Owner646-286-6643

Jamaica – 1 Bdr Apt, Kitchen, Full bath, on the Second floor. Easy access to E Train. $1250/month, light and gas included. Call 646-773-4364.

Jamaica – 3 bdr, 1 bath, 1 kit, access to public trans, 1 month sec/1 month rent. $1650/month, no utilities incl, Ref & credit check. Call 718-926-7809

JAMAICA: HILLSIDE AVE
2BR $1450, Hdwd flr, renov kit. Rent stabilized garden comp, laundry facility. 1st 1/2 mo rent free Agt 718-657-1085

Rego Park. 8514 63 Drive. 3BR, 2BA, 2 prkg spaces (gar & dwwy), owner pays heating/cooking gas. Lndry rm avail. Ask $2,400/mo. 917-560-3496.

Rosedale 2 Br, close to public transp. $1075 utilities included. No smoking and No pets Call Owner 917-756-4604

SOUTH OZONE PARK 1 BR APT, NR JFK & AQUEDUCT. 15 MINUTES SUBWAY. NO PETS. NON SMKR. $900. OWNER 718-529-1048

South Ozone Park 4 BR apt, 2nd flr. Close 210 bus. $1500.neg. Call Owner 11-7pm 718-835-9367 or 718-835-2786

★★ ST. ALBANS/ROSEDALE ★★ 1st flr 2 br $1450, 1 br $1000, 3 brs $1700, 2 br house $1650, 3 br house $2000 ★ Agent Sonia 347-426-7242 ★

YONKERS (Warburton/No. B'Way) 1 Br + Den on 2nd Flr, Lr, Dr, EIK, Full Bath, nr transp., $1,000 mo 1 mo rent 1 mo sec.Call Owner 914-299-6043

BRONX
1 BEDROOM APTS, Starting at $925
Transp. near by.
Call 212-752-2670
After 5pm Sat.,Call 718-644-4098.

Apartments

NO BROKER FEE - IMMEDIATE OCCUPANCY
PARKCHESTER
IS A GREAT PLACE TO LIVE WITH A GREAT SELECTION OF 1 & 2 BR RENTAL APTS
1BR's STARTING AT ONLY $985 per mo
ONE HALF MONTH FREE RENT ON 1BR's
ON 2 YEARS LEASE
IF YOU SIGN BY SEP 15
SPACIOUS 2BRs AS LOW AS $1325 per mo
On site shopping, restaurants, offices, even a movie theatre. 30 minutes to midtown via #6 subway or express buses.
SEE MODEL APTS & PREMIER APTS AT OPEN HOUSE:
TUES & THURS - 5PM-7:45PM
SAT - 10AM-1:45PM
APPLY ONLINE TODAY
or schedule an appt for an Open House visit 718-412-4696
www.parkchesternyc.com

Apartment Rental Building Extravaganza
No Fee * No Fee * No Fee
Bronx / Brooklyn
Immediate Occupancy (1/2 month's Free) on All Studios 1, 2, 3, Bedrooms
Fully Renovated:
Upgraded Kit / Bathrooms
Hard Wood Floors • New Appliances
Freshly Painted
(24 hr Approval)
MUST MEET INCOME REQUIREMENTS
FOR VIEWING PLEASE CONTACT
347-413-2911
24 hr. Security Surveillance
On-Site Superintendent

QUEENS STUDIO and 1 BEDROOM APTS. Near Transportation Call 212-752-2670 from 9am-5pm.

Commercial

BED-STUY - CROWN HTS Schenectady & Sterling Pl 460sf, plus bsmnt, clean & ready. $900/mo. Brokers OK. No fee. Owner Call Mon-Fri, 9am-5pm 718-601-1483

Miscellaneous

CASTLE HILL AREA
Newly Furnished Room. $125/wk. 3 Wks Security. Owner 646-373-0061

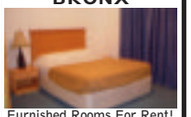
PLIMPTON AVE/W 168th St: Furn rm 12x12, w/6 pc furn set, 2 windows, a/c, internet, cable. Share kit/ba. Nr transp $650/mo. Owner 347-578-0052

BEAUT HOTEL★FREE BREAKFAST/LUNCH w/JACUZZI's from $75-$95 per night ★ 315 93rd St. Bay Ridge 718-748-8995

EAST NEW YORK ★ Furnished Room for Rent. Share kitchen & bath. Near "A" Train. Male Preferred. $150/wk. Owner 570-730-2626

Hunts Point, BX★Unfurn'd Room for rent. Share Kit/Bth. Male preferred non-smoker. $150/wk + 1 wk rent /1 wk sec to move in. Owner 718-530-3652

Rooms

MANHATTAN & BRONX

Furnished Rooms For Rent! Cable/Internet Ready! Move in Today! Utilities Inc.! Just $125/wk! Call Us Now: (212)368-2685

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week
Call 212-862-0457

Career Training

ACE COMPUTER TRAINING CENTER
NEW CAREER OPPORTUNITIES
BECOME A
Medical Assistant / Computer Network Admin

Financial Aid is Available if Qualified
www.acecareer.edu
Manhattan **212 695 9700**
Queens **718 575 3223**
CLASSES STARTING SOON **CALL NOW**

DID YOU EXCEL IN HIGH SCHOOL, BUT DIDN'T GRADUATE?

Now is the time...
You Still Can Obtain Your
Associate's Degrees and GED
at the same time
Associate's Degrees:
• Accounting • Business Management
• Office Technology
(212) 226-7300 CLASSES BEGIN SEPTEMBER 12
NEW CAREER READY PROGRAMS
- Hospitality Management
- Office Specialist/ Security Management
- Customer Service Relationship Management
- Business Interpreting
- Administrative Office Specialist
- Business Accounting Specialist

you could finish in 8 Months
Free Laptop with PBC at Sales
Federal & State Financial Aid Available, If You Qualify!
PBC PROFESSIONAL BUSINESS COLLEGE
408 BROADWAY 2nd FL. NEW YORK NY 10013
Certificate Program Info, At www.pbcny.edu

Career Training

You CAN do it! Change your life!
Train in the field of
Pharmacy Technology
A simple phone call could change your life.
866-942-6444
Sanford-Brown Institute
Garden City, NY • New York, NY
Licensed by the New York State Education Department
Programs vary by location • sanfordbrown.edu

HEALTHY BABY?
You could help provide info to doctors and expecting parents. Learn to take ULTRASOUND images by training in
DIAGNOSTIC MEDICAL SONOGRAPHY
You could also help doctors detect injuries and illness!
866-942-6444
Sanford-Brown Institute
Garden City, NY • New York, NY • White Plains, NY
Licensed by the New York State Education Department
Programs vary by location
sanfordbrown.edu

TRAINING!
Learn the skills you need
Ask us about Financial Aid, available for those who qualify.
Medical Assistant
Call NOW! 888-728-9333
Sanford-Brown Institute
New York, NY • White Plains, NY • Garden, City
SBI Campus-an affiliate of Sanford-Brown
Melville, NY, Sanford-Brown Institutes are licensed by the New York State Education Department, SBI-Campus authorized by the Board of Regents of New York State. Programs at SBI Campus are registered by the Office of Colleges and Universities of NYED
sanfordbrown.edu • Programs vary by campus

CALL NOW
to begin training in **Medical Assisting**
What's holding you back?
A simple phone call could change your life.
888-728-9333
Sanford-Brown Institute
New York, NY • White Plains, NY • Garden, City
SBI Campus-an affiliate of Sanford-Brown
Melville, NY • Sanford-Brown Institutes are licensed by the New York State Education Department SBI-Campus authorized by the Board of Regents of New York State. Programs at SBI Campus are registered by the Office of Colleges and Universities of NYED
sanfordbrown.edu • Programs vary by campus

It's Not Too Late. There's Still Time to Enroll!
• Court Reporting (CART & Closed Captioning)
• Paralegal • Medical Office Specialist
Call 1-866-362-8824 • nyci.edu
CLASSES BEGIN SEPT. 24TH!
Call NYCI Now for Information on Same Day Registration!
NYCI NEW YORK CAREER INSTITUTE
11 Park Place, NYC (across from City Hall)

Legal Notices

NOTICE IS HEREBY GIVEN that a license, number 1263628 for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a Hotel under the Alcoholic Beverage Control Law at: 112-15 Northern Blvd., Corona, NY 11368 for on-premises consumption. BC Corona Inc.

NOTICE IS HEREBY GIVEN that a license, number 1265087 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a cafe under the Alcoholic Beverage Control Law at: 131 East 7th Street, New York, NY 10009 for on-premises consumption. Shervin's World Inc.

NOTICE IS HEREBY GIVEN that a license, number 1265349 for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a restaurant under the Alcoholic Beverage Control Law at: 109 East 116th Street, New York, NY 10029 for on-premises consumption. Hamin Holding Inc d/b/a Studio Simplicit.

NOTICE IS HEREBY GIVEN that a license, number 1265558 for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at: 8530 3rd Avenue., Brooklyn, NY 11209 for on-premises consumption. ABI Group LLC d/b/a Vicola Ristorante & Bar.

metro classifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us

Pets

♥ ADORABLE YORKIE PUPPIES ♥
CALL TRACY 718 236-1515

★★ **FRENCH BULL DOG PUPPIES** ★★
Male/Female, Shots, Papers, Lifetime Guarantee. Owner 917-651-6106

★★SHIH-TZU PUPPIES★★
Toy & Imperial Sizes, All Colors
Call 718 236-7567

♥♥ **YORKIE PUPPIES** ♥♥
Adorable Toy & Tea Cup Sizes
Call 718 331-0977

♥ YORKIE PUPPIES FOR SALE ♥
Toy & Teacup sizes. Call: 718-259-2295

YORKIE PUPS
Toys & Teacups, $350 & up.
Owner 917-379-7877

♥ MALTESE PUPPIES ♥ Adorable Toy & Teacup sizes. Call 718-259-2295

Business Opportunities

Lose Weight & Make Money & Help Others Do the Same
PerfectBodyForLife.com
ViSalusOverView.com
Call: 917-882-3136

metro classifieds

in print & online

TO PLACE AN AD:
866-900-9473
CLASSIFED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

Jobs

Miscellaneous

Airline Now Hiring. Major Airline at JFK, LaGuardia, & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY. $14 to $22/hr + benefits. Call 212-629-1777, FEE

Healthcare

Ultrasound, EKG, CPR Course

www.medicalultrasoundschool.com
Core Ikon Institute
Call 917-209-1366

ADL Institute Offers Home Health Aide & CNA Training. We offer Placement assistance for all grads. PT/FT & evening classes. 718-349-8003

IMMEDIATE
CNA's & LPN's
WITH EXPERIENCE
5 Star Staffing Services
has temp openings in the Bronx
ONE DAY JOB FAIR
APPLY WITH ALL DOCS & BE INTERVIEWED SAME DAY.
JOB FAIR WILL BE HELD 10AM-3PM
MONDAY, SEPTEMBER 10th AT
BAY PARK CENTER FOR NURSING & REHAB
801 CO-OP CITY BLVD
BRONX, NY 10475
For more info call 718-534-5400 ext 123. Or email to:
Rebby@fsstaffinginc.com

Direct Care/Managers & Housekeepers
Mercy Home, an agency with a long standing history of providing services to persons w/DD.
PT / FT/Temp
HS Diploma/GED; BA/BS; NYS D/Lic. evenings, wkends & holidays!
Join us at our
JOB FAIR- SEPTEMBER 11, 2012
10 AM - 2 PM
MERCY HOME
273 Willoughby Ave.
Brooklyn, NY 11205
Please look for signs:
MERCY HOME JOB FAIR
For add'l info call 718-832-1075 Ext 125. EOE

Access Careers
Brooklyn, NY, 11201
Upgrade to PCT from HHA
*Patient Care Tech
*CNA (Nurse Aide)
*EKG/Phlebotomy
*Medical Billing & Coding
*Pharmacy Technician
*Medical Assistant
*Computer Programming
*A+/MCSE/CCNA
*MS Office/Accounting/CPR
Financial Aid Avail. if qualified
Lowest Tuition Fees in the State
Call : 718-643-9060
25 Elm Pl, # 201, Brooklyn, NY
www.AccessCareers.Edu

Healthcare

JOBS / TRAINING
ACCESS CAREERS QUEENS
CNA • Medical Assistant • HHA - Home Health Aide
EKG / PHLE / Pharmacy Tech / ESL / LOANS
Bookkeeping • Quality Analyst • Business Analyst
Solar Technician • Advanced Computer Courses
Call 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to (E, F) Subway Stn. • 8002 Kew Gardens Rd, Queens, NY
www.accessqueens.com

Security / Law Enforcement

A.A.S. SECURITY- NO EXP NEEDED
Will train. All shifts. Up-to $28.23/hr. Call toll free 1-800-770-0925 ext. 1

★★ A BABY STEP IN SECURITY ★★
Immediate Hire ★ FT/PT $10-$22/hr Naman Hotel, Trump Tower & other Corp Sites/Medical/Retail. No exp, Will train, No HS/GED.
★★ CALL 212-359-9540 ★★

A BACK DOOR TO SUCCESS
Staffing over 50 facilities. Pays up to $17.32/hr. All shifts available. Call Today! 917-553-6549

A BASIC CAREER IN SECURITY
No experience, license or training needed. Up to $18.50/hr. FT/PT. Call HR: 212-470-4326

A BASIC SECURITY JOB
Must be available ASAP No experience necessary. Up to $22/hr. Call 212-470-3361

★A BETTER CAREER IN SECURITY★
Serious applicants only, up to $19/hr. FT/PT. HR# 212-470-4499

★★★ Able and Ready Guards ★★★
No license needed. FT/PT, up to $18/hr. Call Now! 212-470-8796

A BRIGHT SECURITY JOB
Up to $18/hr FT/PT, no lic needed. No experience nec. Must be avail ASAP. Call 347-490-7361

★★★ ABSOLUTE GUARDS ★★★
No license needed. FT/PT, up to $18/hr. Call Now! 212-470-4223

★★ ADVANCED GUARDS F/T P/T★★
up to $18.50/hr. No Exp nec Must Start ASAP Call Now! 212-470-5641

ADVANCE GUARDS WANTED
12 positions available. Morning/night shifts open. No exp req'd. Up to $18.25/hr. Call 718-772-8318

A JOB CHANGES EVERYTHING
Need a job? Now conducting interviews. This week only for the largest firms. No exp nec. Call 212-470-2076

★★ALL GUARDS WANTED ★★
No exp/license needed. up to $16/hr. FT/PT. Call HR: 212-470-4259

Healthcare

Security / Law Enforcement

FRONT DESK GUARDS
Wall St. location, no exp necessary. Pay up to $13.25 p/hour. Call Lt. Kelly 347-246-9305

HIRING GUARDS FT/PT AVAIL
Pay up to $18.50/hr. IMMEDIATE START! Call 646-220-0516

NOW STAFFING CORP GUARDS
Pays up to $18.50/hr. FT Medical & Dental, no experience necessary. Please call 212-470-9029.

ARMED & UNARMED
No exp needed. Immediate hire. All shifts, $13-$22/hr. Contact 347-954-1553 or 917-769-0402

CORP/FRONT DESK AGENT
Must be avail to start asap. No exp nec. Will train. Up to $22.50/hr. Call 212-470-0323 or 212-470-2015

Sales / Marketing

SALES/PUMPS ESTB MFR OF PUMPS FOR THE HVAC IND SEEKS PERSON W/STRONG BACKGROUND IN RELATED FIELD TO WORK W/ENGRS & CNTRS IN THE NYC AREA. SAL. COMM W/ EXP. PROFIT SHARING & BENEFITS. FAX RESUME TO: 718-451-4063 OR E-MAIL TO JEFFM@FEDERALPUMPS.COM

Transportation / Travel

★ DRIVER ★ BROOKLYN BUS CO. "CP-BP" lic. & BPS endrsmnt req'd. Will sponsor for B.O.ED cert. Apply: 1 Coffey St., Brooklyn. ☎ 718-852-0286

DRIVER Distribution Company
Looking for Driver with truck exp., Warehousing, O/T, All Co. benefits. Call between 9am-3pm. 718-894-5960

DRIVERS ★ CDL CLASS B. & CDL C w/NYC TLC Paratransit lic.
Must know Queens. Immed hire. High pay, O/T. Call Theema 718-501-5733 200 2nd Ave., Bklyn, NY

DRIVERS
Premier Paratransit is seeking Drivers with NYS CDL Class C with Passenger Endorsement
COME IN FOR APPLICATION
940 Remsen Ave(bet Av D/Foster Av
Mon-Fri 8am-7pm. Sat/Sun 8am-4pm

Transportation / Travel

DRIVER - Truck Driver needed for Queens Building Supply Co. Knowledge of all 5 Boros required. Clean record & background. Apply at; 79-25 Queens Blvd. Queens NY 11373.

EXPERIENCED AMBULETTE DRIVERS
5 boroughs. Must have C or B license with TLC. Call 914-968-2500 x205

DRIVERS WANTED
Immediate Hire with CDL
Access-A-Ride
All Shifts available
Monthly Attendance/Safety Bonus
Medical plan
Vacation/Personal/Holiday pay
$500 Sign On Bonus
for pre-certified 19A drivers
Apply in Person 94-01 150th Street, Jamaica, Qns M-F 10-2
1 blk to E/J/Z line/Qns buses/LIRR
www.professionaltransit.com

DRIVERS WANTED Without Cars.
VERY BUSY PARK SLOPE BROOKLYN CAR SERVICE. TLC LICENSE A MUST. Call 917-213-4730

General Help Wanted

Personal Assistant needed to help and organize with good attitude, pay is $450 weekly any interested person contact: debbiemaris@aim.com

HANDYPERSON- EXP'D: Must be exp'd in ALL phases of tile work incldg carpet & ceiling, ceramic & VCT as well as sheet rock. Must have clean driving record, NY Drivers license. Located Larchmont, NY. Call 914-834-8778

Accepting Applicants - $18 Hr Avg
Full Time Entry Level
CUSTOMER RELATIONS
Training For Accepted Applicants
Opportunity To Advance
★718-374-5975★

Appliances Tech needed, 2-5 yrs of exp, full-line tech to diagnose repairs on most brands appliances. $12 to 15/hr. Call 914-364-8914 or send resumes to repairsapp@yahoo.com

★ AUTO MECHANIC WANTED ★
★ ROAD SERVICE/TIRE PERSON WANTED ★
374 4TH AVE. - BROOKLYN
★★ 718-222-4040 ★★

★ AUTO REPAIR SHOP MGRS★
Service Writer's, Service Mgrs. for busy Queens AAA Station. Salary + Incentive. Call for Interview Appointment 718-224-6565

★ AUTO REPAIR SHOP MGRS★
Service Writer's, Service Mgrs. for busy Queens AAA Station. Salary + Incentive. Call for Interview Appointment 718-224-6565

AUTO SALES★TOYOTA DEALER★NO EXP NEC.
Excel Pay + Bnfts. Call 718-657-5500 x-100

Auto Transmission Rebuilder must have strong electrical diagnostic skills. Min 5 years exp for busy Queens shop. Call 718-479-8977.

CARPENTERS - NYC
Exp in metal stud framing, drywall, woodwork, acoustic & drywall ceilings. Tools A MUST! Call 732-252-5802

General Help Wanted

Seafood Personnel - Fairway market is currently seeking experience/non-experienced seafood clerks for its seafood department at our Kips Bay Store (32nd Street and 2nd Avenue). Candidate must be able to provide excellent, friendly, upbeat customer service while preparing and serving a variety of seafood products. Ability to prepare, cut, weigh, wrap products offered at Fairway Market. To Monitor, clean, organize the seafood department & complete shift duties. If you have prior experience or a passion to work in a fast pace grocery retail setting please call or email Tony Maltese (Seafood Manager). Tony's phone number is (516) 523-4201 or email resume to tony.maltese@fairwaymarket.com

CUSTOMER SERVICE REP NEEDED
For our dear company. Applicant must speak english or french fluently. Must have good typing skills. Will earn $3100 monthly plus wages and allowances. Email me at
anthonypistone888@gmail.com
IF INTERESTED

MANAGEMENT COMPANY
Seeks Resident Superintendent
Must have 5 years experience
Fax resume to 914-592-2938

★★★MESSENGERS★★★
START TODAY
$270 - $400 Per Week
263 West 38th Street 14th Floor

PEST CONTROL TECHNICIAN
No exp necessary for right person.
resumes.broadway@gmail.com
or fax resumes to 646-395-1473

DIESEL & GASOLINE MECHANICS
School Bus Co. Full & Part time, Union Shop Apply in person:
1 Coffey St, Bklyn. ☎ 718-852-0286

General Office Clerk - Mfg Co seeks person to perform general office duties. Must have computer exp. Fax resume to 718-272-1855

Training

10A AAAH @ CITY Mon-Sat Pre&Amn 16hrOJT*FireGd*Metal Det*ATerror SG License Pkg*Pistol Lic Prep $395
212-957-1350*303 W.42 St #610 @8Av

10A at Blue Steel Security. Walk-in. Job Plcmt. 8hr/16hr/Amn/Comp. Sec/LP/CPR/FG/Anti/Met Det/47hr-Armed Gun Lic Srvce/ Driving Less. 397 Bridge St. Call 347-463-9015

CNA, Dialysis Tech Phlebotomy/EKG
347-625-3200 / FREE BROCHURE
www.manhattaninstitute.com

EXTERMINATION/Termite Certification
NYS cert. 6/9 days. Jobs/biz Fin'l aid if qual. 24hr 718-205-0557/800-220-5494

Services

Careers

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Miscellaneous

Miscellaneous

IQ TESTED
THE NEW YORK CITY TEST CENTER
offers for a limited time, free intelligence and personality tests.
Your IQ, personality and aptitude determine your future.
Know them. No obligations.
227 West 46th Street · New York City, NY
Phone: (212) 921-1210
Open 7 days a week from 9:00 am - 10:00 pm
@2007 CSNY. All Rights Reserved. SCIENTOLOGY and SCIENTOMETRUC are trademarks and service marks owned by Religious Technology Center and are used with its permission

Psychic

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST SOLVES ALL YOUR ISSUES, LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING.
QUICK RESULTS
www.africanmedium.com

For Sale

Miscellaneous

Accu Check, One Touch Freestyle
WE BUY Extra Diabetic Test strips
$$$ CASH PAID $$$ 888-415-0796
PICKUP AVAILABLE

★★I BUY ANTIQUES, GOLD,★★ SILVER, OLD FURNITURE, PAINTINGS, OLD TOYS, TRAINS & COSTUME JEWELRY. 718-843-0628

VENDORS WANTED
Some choice vendor space available for one of NY's top street fairs. 36th Annual Columbus Avenue Festival, Sun. Sept. 23rd. Application available at www.westmanhattanchamber.org click "festivals" or call 212-787-1112.

$$CASH PAID$$
Buying diabetic test strips, nicotine patches, gum and expired strips. We beat all competitor's prices.
All day dropoff/pickup.
Call 646-400-5270

reserve your space
DEADLINE: two (2) business days prior to publication at noon.
866-900-9473
metro classifieds

metro classifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us

YOU'RE INVITED TO THE

FIT FOR FALL

FASHION SHOW FOR ALL

WHO: You. Yes, you. All women. All shapes. All sizes. All on one runway.

WHO ELSE: Celebrity guest host and special musical performance.

WHERE: BRYANT PARK, NYC **WHEN:** FRIDAY, SEPT 14, 4-8PM

WHY: Our *RockStar* Skinny Jeans are a perfect fit for every body.

WHY ELSE: They're FREE for every woman who walks our runway.*

OLD NAVY

come *fun*, come all.

Can't model in the show? Join in at Facebook.com/OldNavy

*Limited selection of colors, sizes and quantities. Line up begins at 3pm. Due to timing, not everyone will be able to walk the runway. Women's sizes 0-18 available. 18+ only (or with parent's permission). No returns or exchanges.